

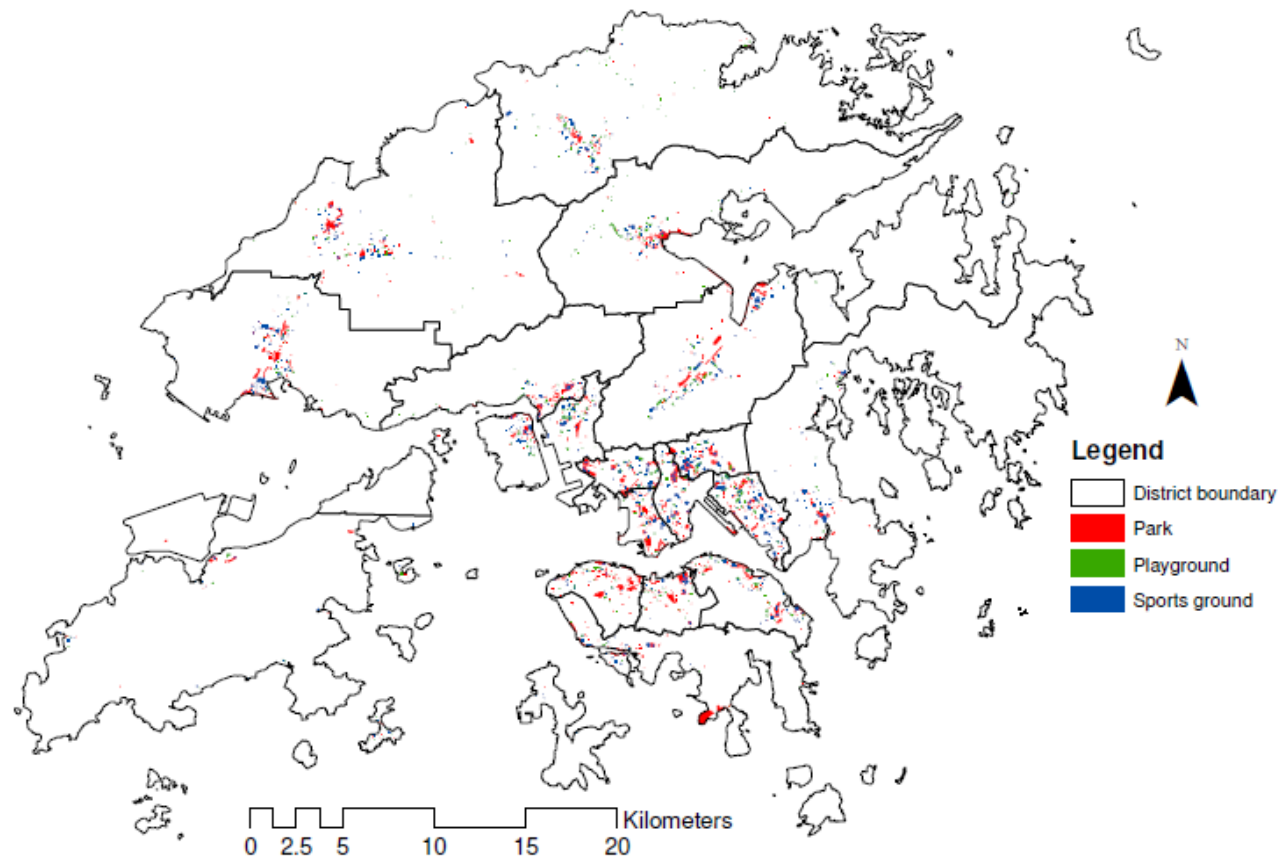
# Dr Jeffrey Chow

Research Consultant

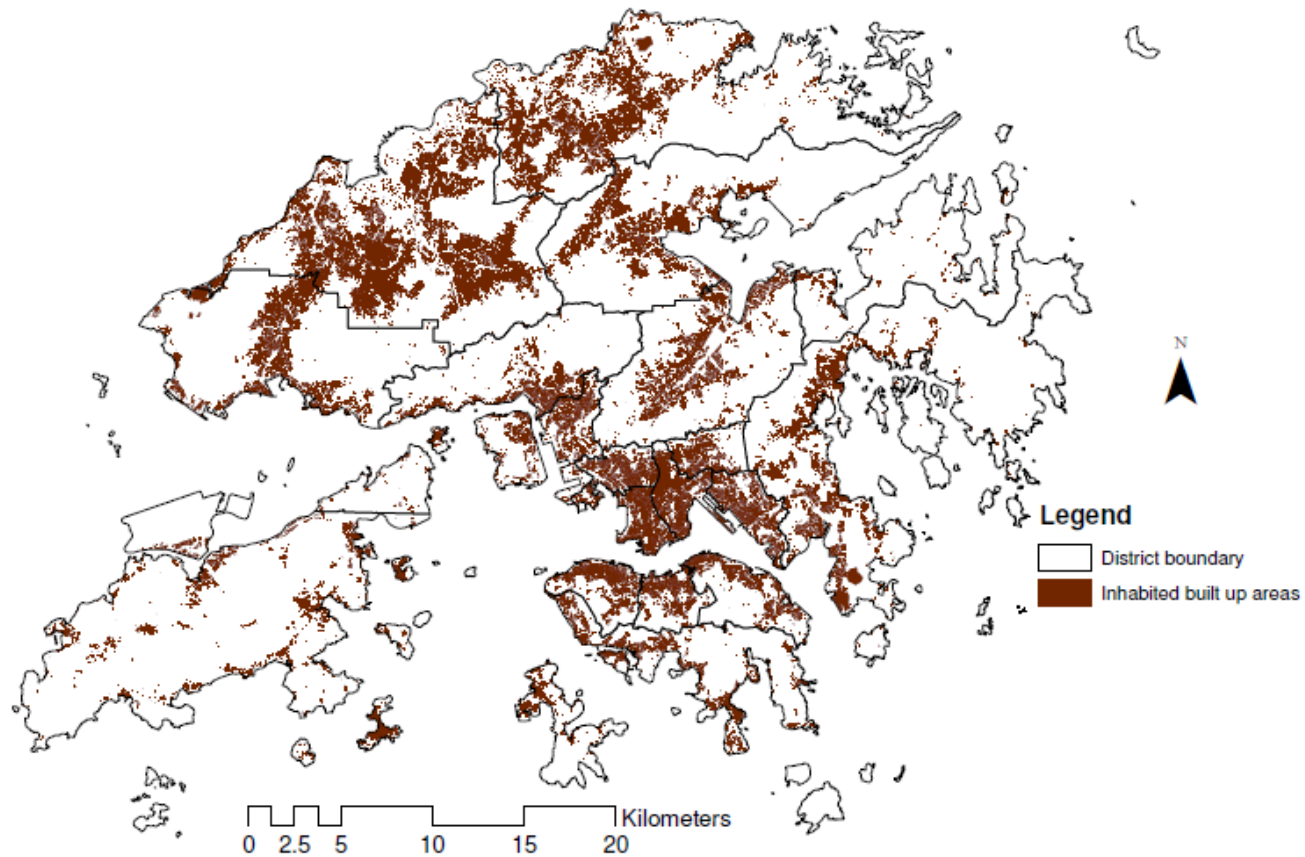
Civic Exchange



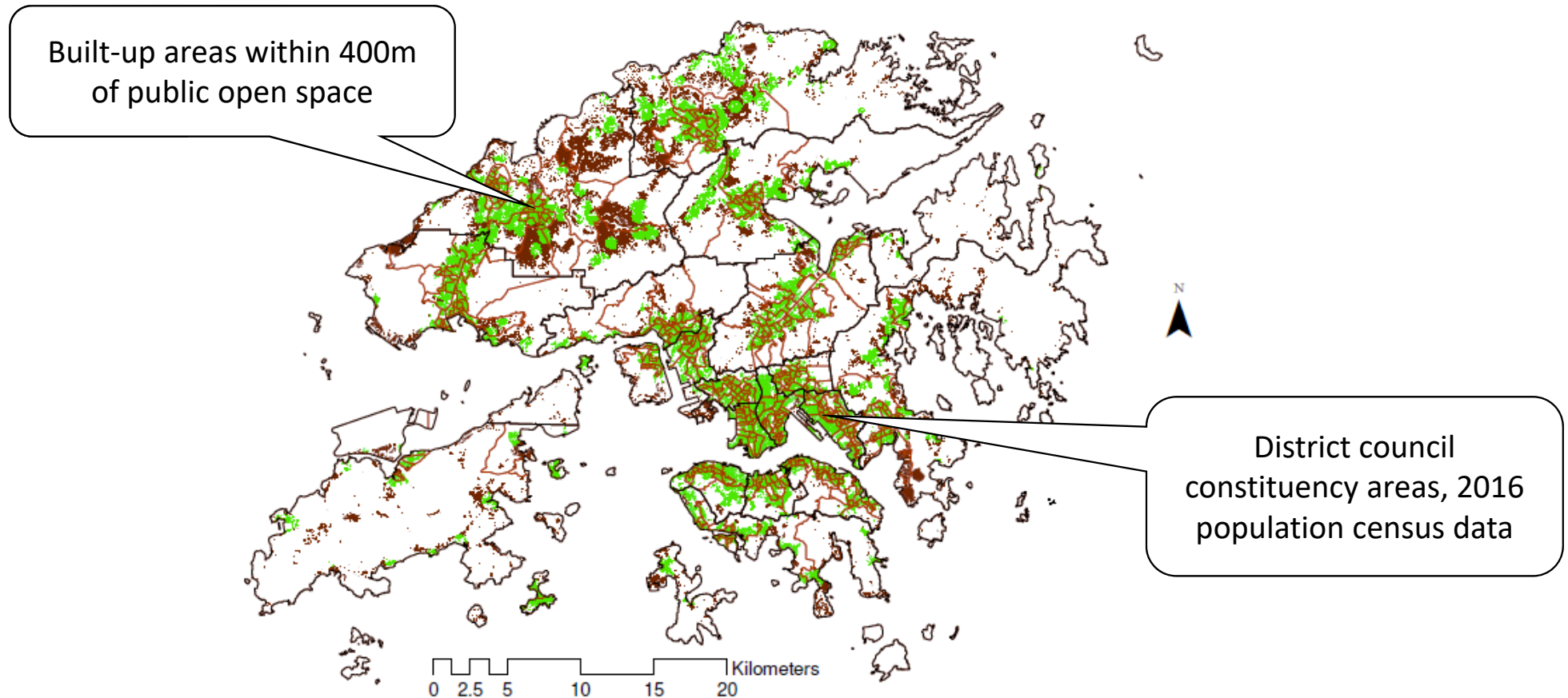
# Distances to public open spaces



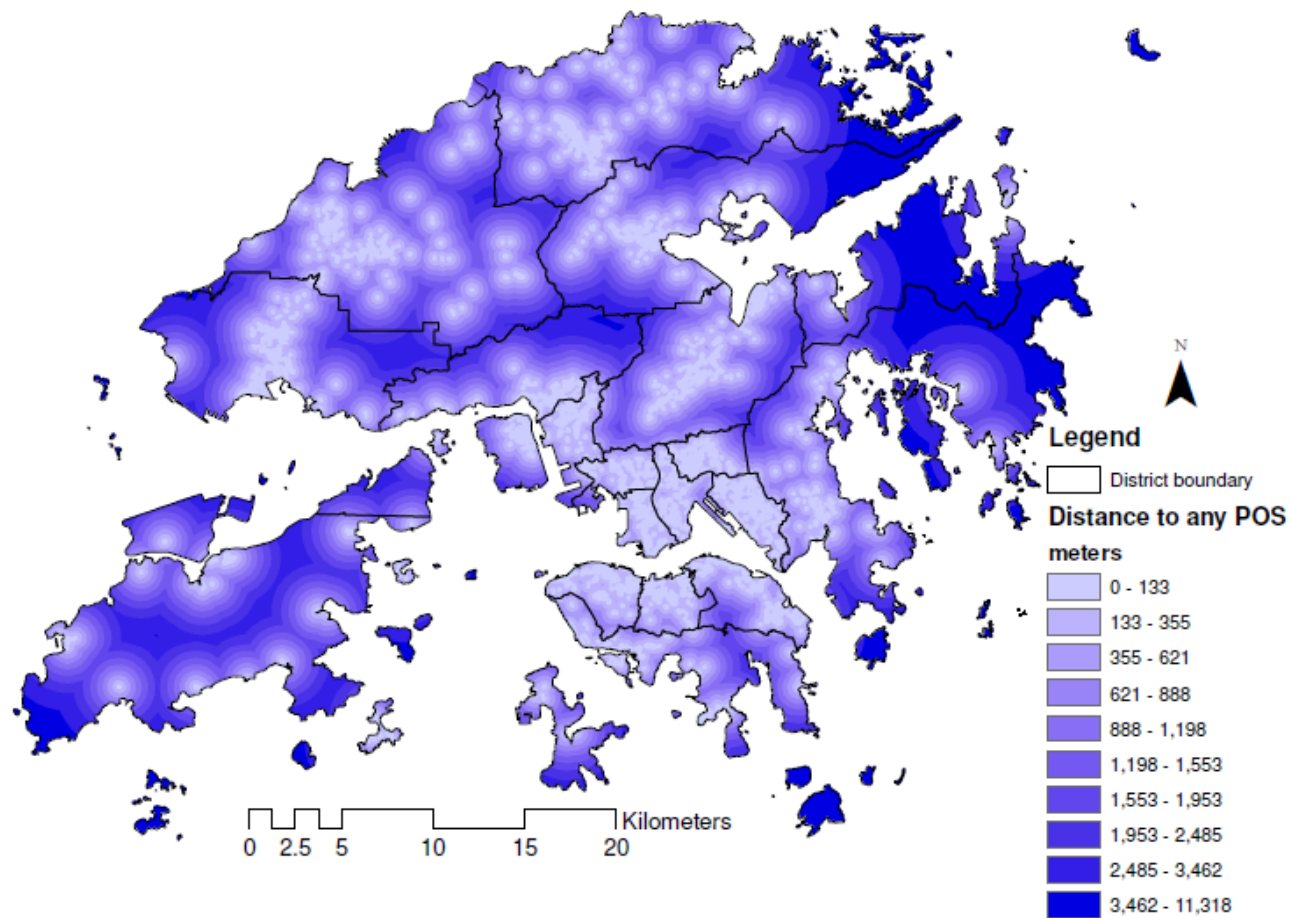
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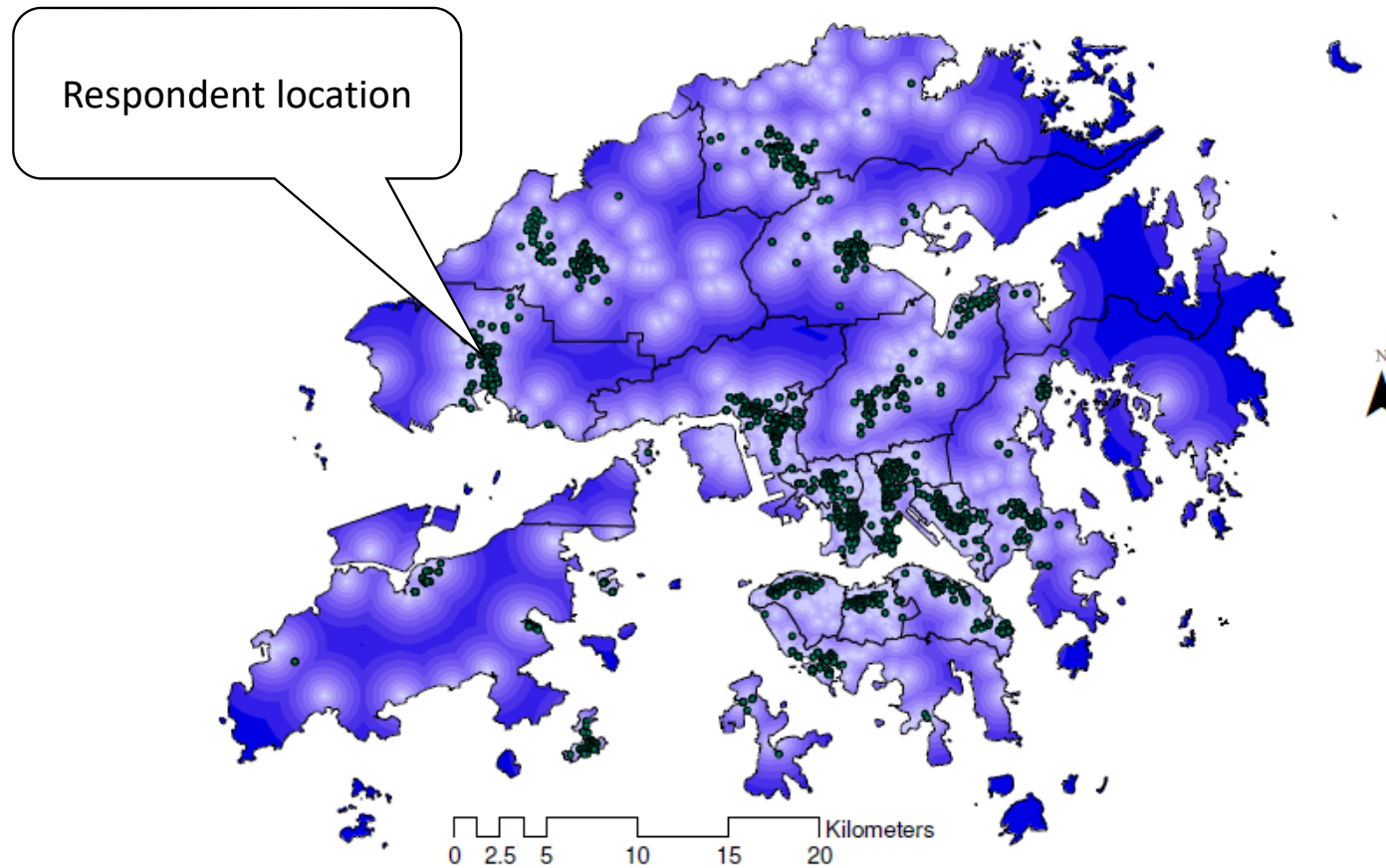
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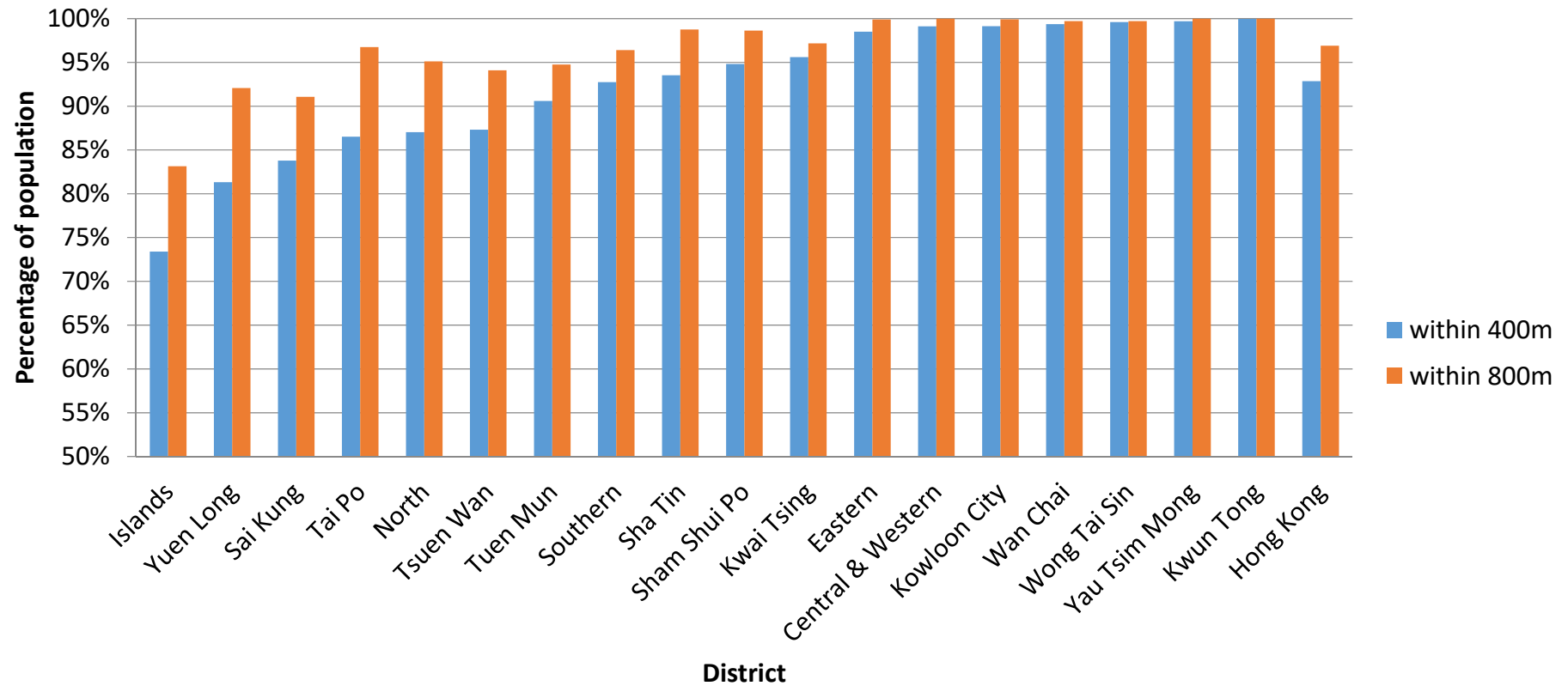
# Distances to public open spaces



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# Results: Population with easy access





# Results

## Self-reported well-being

People living closer to **parks** and **small POS** (<1ha) are more likely to report **less anxiety** than people living farther away. This relationship is **not detectable** for **very small POS** (<0.1ha) or other types.

## Usage

People living **farther** from **official POS** tend to use them **less often** and instead use **alternatives** such as plazas, podium gardens, waterfront promenades and private and unofficial open spaces. **Proximity** appears to be the more important factor for usage rather than the **local amount**.

## Satisfaction

People living **closer** to **official POS** are more likely to express **lower satisfaction** with their local community spaces. There are several possible explanations, *but more research is needed*.