# Measuring and Improving Walkability in Hong Kong

# **Final Report** December 2016 Simon Ng **Carine Lai Penny Liao Mandy Lao Wilson Lau Civic Exchange** Sujata Govada Widemar Spruijt **UDP** International





# **About Civic Exchange**

Civic Exchange is an independent Hong Kong-based public policy think tank established in 2000. With the mission to advance civic education and engage society to shape public policy, Civic Exchange undertakes research in air quality, nature conservation and the urban environment, along the framework of wellbeing.

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## **Executive Summary**

Walking is a necessity in Hong Kong, given the city's density, compact and layered urban structure, and heavy reliance on public transport. Walking is part of daily commuting for a majority of Hong Kong people. There is a growing consensus that good walkability will bring substantial benefits to the city and its people. These benefits include better public health, higher property values, travel time savings and greater accessibility, increased economic opportunities, as well as other environmental and social gains.

A starting point to improve a city's walkability is to measure the current state of the pedestrian environment. While numerous assessment tools have been developed in recent years in different parts of the world, Hong Kong needs a tool that is suitable for the city's unique urban features and characteristics, such as its high density, mixed land use, constant traffic and pedestrian flow, hilly topography, use of space and connection with public transport. To this end, it has been determined that a walkable Hong Kong should embrace the following principles – (a) accessibility and connectivity to nearby destinations; (b) easy wayfinding; (c) safe, comfortable and healthy walking environments; (d) equitable access; (e) diversity and vitality; (f) attention to human scale; (g) streets treated as public spaces that require appropriate management; and (h) integration with public transport.

It is also important to appreciate the link and place functions of streets, in order to re-frame the conventional approach to street design that puts an emphasis on facilitating pedestrian flow, into a broadened perspective that also values streets as an attractive destination and an important public space for people and communities to use for non-transport purposes. Criteria that define a walkable city should therefore be extended from the basic requirements that make it possible and efficient for people to walk, to other aspects that provide pedestrians with more comfortable and enjoyable places to walk.

Based on all the considerations above, two walkability assessment checklists have been developed for Hong Kong: one for general users and one for professionals. The user checklist enables pedestrians to assess different aspects of walkability in a defined area through a 5-point scale rating system. It is a handy tool for identifying bottlenecks and problematic locations, as well as for spotting good examples. The professional checklist comes with greater detail. It is constructed with 42 indicators under 10 categories and reference points are provided as benchmarks for scoring. The 10 categories generally reflect the 10 aspects that are considered integral to a walkable environment in Hong Kong, which include (a) accessibility and connectivity; (b) physical and visual permeability; (c) public realm amenities; (d) scale and density;(e) variety and diversity; (f) legibility and orientation; (g) streetscape and visual quality; (h) microclimate and environment; (i) safety and security; and (j) transit and pedestrian friendliness.

In Kowloon West, a series of planning and engagement events were organized to assess the walkability of different neighbourhoods in the area together with local stakeholders and planning professionals. A number of problems were identified through the use of the checklists. Several interventions were recommended in the short and long term to improve the walking environment in Kowloon West.

Neighbourhoods in Central, Mongkok, Kwun Tong and Choi Hung were selected as pilot areas to conduct walk audits, as well as to test the applicability and user-friendliness of the checklists. Choi Hung Estate was found to be a very walkable community according to the walk score. Central is well connected and efficient for walkers, but not the most interesting place to walk. Mongkok is attractive to pedestrians but too crowded for comfort and efficiency. The Kwun Tong industrial area is not walkable, but it is under transformation into a commercial district, which offers opportunities to improve its walking environment.

It is demonstrated in the project that a walk audit is a useful way of getting a baseline assessment about how walkable a location is, as well as identifying key areas for short-term and long-term improvement. Civic Exchange therefore recommends a broad adoption and use of the checklists developed in the project by government departments, professional planners, academics and other community stakeholders for measuring and assessing walkability in different districts and neighbourhoods in Hong Kong. The collective findings of these assessments will contribute significantly to making Hong Kong a world-class city for walking.

## Introduction

## 1.1. Background

In October 2012, Civic Exchange published a report called Walkable City, Living Streets. It profiles the recent global movement towards propeople planning, and shows, in particular, how city mayors and planners are reclaiming road and street spaces from cars in places like New York, London, Tokyo, Melbourne, Seoul and Singapore. These changes are taking place often in the densest and most congested parts of the cities where the conflict between vehicles and pedestrians is fierce. The purpose of pro-people planning is to give back urban space to the public for the realisation of various socio-economic and environmental benefits. The report explores walking environments in four Hong Kong districts and concludes that there are good individual examples of walkability in Hong Kong, notably in Central, however the city's general pedestrian environment is unattractive and unfriendly, especially at the district and neighbourhood levels. While there is a need to improve connectivity for people through better pedestrian networks, there are also reasons to sustain the city's vibrant street life. The report has rekindled interest in past projects, such as the Des Voeux Road Central pedestrianisation proposal from 2000, and reunited sporadic but ongoing efforts to enhance walkability in Hong Kong.

## 1.2. Benefits of Good Walkability

There are substantial benefits associated with walking which accrue to individuals, communities and society as a whole. However, due to long negligence of these benefits, and strongly favouring vehicles over pedestrians, planning traditionally received little attention or funding from the Hong Kong Government or the private sector. In recent years, however, more research and projects on walkability have emerged. Outside Hong Kong, the Local Government Commission's Center for Livable Communities based in Sacramento, California, observes that a walkable community may have higher property values, attract businesses and talented workers, and boost tourism as well as retail sales.<sup>1</sup> Another report by the Victoria Transport Policy Institute (VTPI) in Canada identifies eight categories for the economic impacts of walking, and briefly discusses how to evaluate each: accessibility, consumer cost savings, public cost savings, efficient land use, liveability, public fitness and health, economic development, and equity.<sup>2</sup> However, these studies are based on Western cities that have much lower densities than Hong Kong. While the benefits of high urban walkability might apply across

geographies, the magnitude of these benefits and ways to realise them could be quite different from one place to another.

Walking plays a unique and important role in Hong Kong. Due to its high density, limited land supply, and heavy reliance on public transportation, Hong Kong has a large pedestrian population. Walking trips account for 39 percent of daily trips in Hong Kong, according to a 2010 study.<sup>3</sup> The specific benefits associated with walking in Hong Kong are numerous and interrelated. It is crucial to recognise them, and in light of that to rethink our transport and urban planning strategies. Major benefits of good walkability include:

**Public health**. In Hong Kong, where the service economy hires an overwhelmingly large workforce in sedentary white-collar occupations, walking is a good way for people to engage in regular physical activity, to maintain fitness, and to reduce the risks of cardiovascular diseases and diabetes. Regular walking also promotes mental health, effectively preventing mental diseases such as depression, which are increasing at an alarming rate among urbanites.

**Property prices and rents.** Recent studies have found that homeowners prefer to live in walkable communities and are willing to pay a higher premium for that. Higher property values also mean that government income from property tax revenue will increase.

**Time savings/greater accessibility**. Walkable street designs that make pedestrian flow more efficient could save daily commuting time. Commuters are found to use the saved time to walk further distances. For example, MTR patrons in Hong Kong on average would walk 500 metres or a 10-minute journey to the MTR station in a typically cluttered and crowded urban street environment. With better street design and pedestrian facilities, such as widened sidewalks and prioritized pedestrian crossings, MTR patrons could complete over 800 metres in 10 minutes, instead of 500 metres, as they can walk more efficiently. As a result, the 10-minute walking catchment of an MTR station would be enlarged from a 500-meter radius to an 800-meter radius.

**Increased economic opportunities**. Lively and walkable streets attract more pedestrians, and hence are able to provide better economic opportunities for retail and restaurant businesses along those streets. As a result, employment and the public tax base expands.

**Environmental benefits**. Walkability improvements may help mitigate the negative environmental factors caused by motorised transportation, as well as reduce greenhouse gas emission. Promoting walking on short trips to replace driving or other motorised feeder transport can help alleviate persistent air pollution woes so prevalent in Hong Kong.

**Social benefits**. The sidewalk is an important public space where pedestrians interact with each other. A better pedestrian environment raises the amount as well as the quality of such interactions. Since less well-off households tend to walk more, improving walkability may help achieve greater social equality.

Further discussion on these benefits can be found in Appendix 1.

# 2

# Measuring Walkability in Hong Kong

## 2.1. Good Walkability in Hong Kong

There has been considerable interest globally in recent years in developing evaluation systems, instruments and tools to assess the walkability of streets, neighbourhoods and cities. Many of the established measures, however, were developed in the urban context of the Western world, and may not be entirely appropriate for Hong Kong's distinct urban morphology and culture. Density is an obvious case in point. Urban planners in North America and Europe tend to think about walkability in terms of increasing density in urban centres in order to foster an active street life, whereas in Hong Kong, densities are already so high that the streets are overcrowded. Other criteria that are highly relevant to Hong Kong include "directness," "efficiency," and "integration with public transport."

There is a need to develop a measurement tool that is suitable for Hong Kong's dense mix of uses, cultural richness, unique topography of hills and harbour, and space limitations. Such instruments for measuring walkability should be capable of auditing the existing state or condition of an area, and be utilised for tracking improvements. The instrument should also be amenable to changes and enhancements and to evolving societal aspirations.

To develop the assessment tool, internal discussions and meetings with urban planners and designers in Hong Kong were convened as part of this study. After considering the city's urban morphology, population density, juxtaposition of the built and natural environment, high public transport patronage, proximity to water, and many other factors, several guiding principles important to Hong Kong were identified:

i. Accessibility and connectivity to nearby destinations. The most-used routes to destinations should not contain long detours. The pedestrian network should be well-connected. Crossing the road should be easy, and at-grade crossing is preferred. At the very least, routes should not involve multiple overhead footbridges or underground tunnels, so that pedestrians need not walk up and down several times. The street should at most be moderately crowded, and everyone should be able to walk at his/her own pace without being blocked or pushed around. The number of obstacles should be minimized. This principle also applies to the physically constrained, such as the disabled, the elderly, and pedestrians with luggage. The accessible facilities and paths should be conveniently located. However, detours, lack of at-grade crossings, and over-crowding are all problems in Hong Kong's current walking environment.

- ii. Easy wayfinding. There should be sufficient signage and street maps in the MTR stations and appropriate locations on the streets. The signage should be clear, with special references to common destinations in the neighbourhood. Since the accessible routes for the physically constrained are usually different from normal routes, they should be clearly marked as well. The pedestrian network should be planned so that routes are intuitive to find. This is especially important in Hong Kong, due to a large number of tourists and shoppers who might not be familiar with local areas. When people are lost, they tend to add to pedestrian flow and cause greater over-crowding on the streets. Hence, it is important that those who are not familiar with the area can find their way easily and quickly.
- iii. Safe, comfortable and healthy walking environment. Pedestrians should not be subjected to danger or other negative externalities from motorized traffic. Measures should be taken to calm the traffic, to resolve modal conflicts, and to mitigate the emissions of gas and particles by vehicles that are harmful to the health of pedestrians. In areas where pedestrians might be exposed to the scorching summer sun or rain, shade should be provided in the form of awnings or trees. Street trees might also serve to physically segregate pedestrians from traffic, and to block the noise and smells of traffic from entering the sidewalks. Benches and resting points should be provided at appropriate locations. The major benefits of walking, especially ones concerning public health, would only be substantiated when the walking environment follows this principle.
- iv. Equitable access. Pedestrian networks and public spaces should allow access for all. Pedestrian networks and public spaces should be designed with public spaces with mobility-impaired users in mind, including wheelchair users, the visually impaired, people carrying luggage, parents with baby strollers, pregnant women, and the elderly. In addition to providing access ramps, tactile paving and elevators, unnecessary level changes and steps should be avoided. As much as possible, routes for the mobility impaired should be well-integrated with the main network to avoid further detours. Another aspect of equitable access is ensuring that public open spaces are accessible to all sectors of society both physically and psychologically. It is important to recognize that even when a public space can be physically accessible, other barriers may discourage usage. For example, a parent may find it inconvenient to bring young children to a park on the other side of a highway crossable only at certain points by footbridge. Teenagers may not feel welcome in the podium garden of an upscale shopping mall as the security guards may assume them to be troublemakers.
- v. Diversity and vitality. A vibrant street is not just clean, comfortable and aesthetically pleasing, it is also an interesting place in which to spend time. There should be a wide variety of things to see and do in close proximity. Building frontages should be built on a human scale and

active. Shops, eateries, entrances to buildings and windows activate a street by enabling interaction between the private and public realms. Long stretches of blank walls should be discouraged. Pocket parks and sitting-out areas should not be placed in isolated locations, but close to a variety of different activities. Seating should be positioned to offer a good view of nearby human activities as people tend to stay where there is something interesting to watch. To provide variety and foster a sense of exploration, large spaces can be differentiated aesthetically and spatially. Public spaces should offer flexibility in how they can be used. For example, a fountain can also provide seating, or be a play area for children.

- vi. Built on a human scale. While many buildings in Hong Kong may be a wonder to look at from afar, their height and size dwarfs human proportions up close. When the scale between the built environment and people is so vastly different, it creates a degree of discomfort for the pedestrian. Such places should adopt measures that stress the human scale. Awnings can function as a source of shade and protection from rain, while providing an enclosure that offers a sense of psychological comfort. A street lined with trees and other greenery can also create a degree of enclosure. Trees with medium-size canopies are ideal for this, and add colour that is soothing for most people, giving the street an immediate aesthetic quality. A tree's capacity to provide shading, cooling and improving air quality by absorbing particulates and releasing oxygen are all qualities that should be embraced for Hong Kong's streets.
- vii. Streets as public spaces that require appropriate management. The features of the streets enable them to fulfill their unique social functions as public spaces. First, busy streets in commercial districts can facilitate casual interactions between different people living or traveling in Hong Kong. Second, local streets help foster a sense of community. Pedestrian spaces should be managed appropriately to enhance a walker's enjoyment. Under-managed pedestrian areas can become unpleasant and unwalkable due to excessive noise and obstruction caused by unregulated promotional stands, hawkers, and performers. On the other hand, over-managed public spaces can be made sterile by excessive limits on permissible activities (e.g. no walking on the grass, no lying down, no dogs, no playing music). Compromises must be struck between the conflicting needs of different users of public spaces, particularly since they are in such short supply in Hong Kong. However, management should not be driven by fear of complaints.
- viii.Integration with public transport. The easiest way to get around Hong Kong is to use public transport and walking offers the most natural, emission-free and healthy option for public transport patrons to complete the first- or last-mile of their journeys. Pedestrian networks should be well integrated with MTR stations, bus terminals, and other public transport nodes and interchanges, and it can be achieved at different levels and by different means – at-grade, above-ground,

underground, as well as through vertical integration by a combination of elevators, escalators and stairways.

## 2.2. The Link-Place Function

Conceptually, streets have two primary roles: as a link and a place (Government of South Australia, 2012). "Link" refers to the street's function as a conduit for traffic. It can be defined and ranked according to its designed capacity, or in the case of Hong Kong where public transport is heavily used, according to its importance in the public transport network. On the other hand, "place" refers to its function as a destination where people spend time recreationally. Imagine the difference between a waterfront promenade in Central and a neighbourhood retail street in terms of the level of attractiveness. Traditionally, transport engineers and urban planners have focused mainly on maximizing the "link" function, but the "place" function is now becoming increasingly recognised as a valuable function with numerous social, environmental and economic benefits (Jones and Boujenko, 2009).

### The link-place matrix

It is often expected that once the function of a street has been clearly defined and understood, facilities will be provided by the relevant government departments to support the primary function of the street. In practice, however, street function(s) may change over time, leading to inadequate or inappropriate infrastructure or amenities to support the new function. In some cases, streets may serve dual functions and have different combinations of the "link" and "place" functions in varying degrees, as demonstrated in Table 2-1, leading to complications and the higher likelihood of mismanagement. Placing streets and pedestrian routes into the matrix helps planners conceptualise both the current role(s) of streets and pedestrian walkways within a district, and the strategic direction they want to take. A major public transport interchange or a major waterfront promenade, located on the bottom left and top right corners, represents a mono-functional space. Attempting to change their roles would be both infeasible and inadvisable. However, those with mixed functions may experience conflicts which may be resolved by raising one function and lowering the other. An extended discussion on the link-place function can be found in Appendix 2.

## Table 2-1 Combinations of pedestrian link and place functions with examples

| Pedestrian link function |                          |   |   |  |   |
|--------------------------|--------------------------|---|---|--|---|
|                          |                          | Major<br>nterchange (I)                   | Public transport<br>access (II)                                 | Neighbourhood<br>connector (III)                                       | Frontage access or recreation (IV)                |
| Place function           | High (a)<br>Territorial  | Central footbridge<br>network             | Wan Chai<br>footbridge<br>network                               | Mid Levels Escalator -<br>SoHo   | TST Waterfront<br>Promenade                       |
|                          | Medium (b)<br>District   | North Point<br>MTR station<br>interchange | Pedestrian<br>footbridge<br>network, Tsuen<br>Wan Town Centre   | Retail bridge, Sha Tin,<br>(between New Town<br>Plaza and Phase 3)     | Tsing Yi Waterfront<br>Promenade                  |
|                          | Low (c)<br>Neighbourhood | Mei Foo Station<br>interchange            | Pedestrian areas<br>around Lok Fu<br>Plaza                      | Elevated connection<br>between Lek Yuen and<br>Sha Tin New Town Centre | Shopping area in<br>Kwong Yuen Estate,<br>Sha Tin |
|                          | Very Low (d)             | Nam Cheong<br>Station<br>Interchange      | Footbridge from<br>Harbour Green<br>Tower to Olympic<br>Station | Footpath crossing under<br>Kwai Chung Rd. Flyover,<br>Mei Foo          | Footpaths in rural<br>villages                    |

**Pedestrian link function** 

## 2.3. Performance of street functions

The fact that a street is labelled as having a particular combination of functions does not mean that it is performing those functions optimally. A road or pedestrian walkway with a high link function may nevertheless perform poorly because it is heavily congested, and a street with a high place function may nevertheless discourage pedestrians from staying outdoors due to a poor quality public space.

Once the decision has been made to target certain streets for intervention, is it necessary to measure their performance in order to determine areas for improvement. To do so, a framework of four aspects of walkability have been identified as the basis for measurement (Figure 2-1):

- Possible to Walk Requisite level of pedestrian facilities and conditions necessary for everyone to be able to walk (important where there are pedestrians)
- b. Efficient to Walk Conditions required for pedestrians to get from origin to destination efficiently and easily

- c. Comfortable to Walk Qualities required for pedestrians to feel comfortable and at ease
- d. Interesting to Walk Qualities required for pedestrians to stay in the space and use it for recreational and social activities

| Efficient to Walk | Comfortable to Walk | Interesting to Walk |  |  |  |  |
|-------------------|---------------------|---------------------|--|--|--|--|
| Possible to Walk  |                     |                     |  |  |  |  |

### Figure 2-1 4-criterion framework for good walkability

This was inspired by a similar three-criterion framework articulated by the Danish urban designer Jan Gehl (2006): protection, comfort, and enjoyment. Gehl's framework was modified to better fit Hong Kong's environment. This can be thought of as a set of criteria for the design of public areas. When satisfied, such places are likely to allow people to enjoy walking and staying on streets and other public areas.

### Possible to walk

"Possible to Walk" contains criteria that are necessary to create a good walking environment anywhere that pedestrian activities exist. The other three criteria can be given different priorities based on the desired role of the street. Streets with a high place function will give more weight to "enjoyable" but less weight to "efficient," since popular places with many pedestrian attractors may contain more obstacles such as market stalls. Meanwhile, a route with a high link function may give more weight to "efficient" since it does not have to be interesting or encourage staying, it merely needs to get people to and from a public transport hub with a minimum of difficulty.

### Efficient to walk

City planners should not stop at simply providing basic pedestrian facilities, such as pavements and crossings. These alone will not suffice in Hong Kong's dense and built-up urban environment. The network of pavements should be arranged so that they connect people to important points of the neighbourhood in the most direct way possible.

Obstacles, in various shapes or forms, can slow pedestrians down and stop them in their tracks. These barriers can be as minor as litter, railing or street furniture, to as major as excessive crowds or big structures like high-speed roadways. This can make getting to places that people need to get to, such as transport stations, shops or offices, seem like a chore, and places that people desire to get to, such as the waterfront, parks and other places for recreation, a major impediment. Streets, therefore, should protect people from unpleasant experiences, whether as obstacles, physical threats such as fast moving vehicles, or personal safety from crime. There is much that can be done to make streets safer through deliberate design and making the streets easy to traverse. At the very least, the following attributes should be available for pedestrians:

- a. Pedestrian Facilities. The availability and design of facilities on a street intended to assist pedestrian use and passage can influence a person's willingness to walk, or their decision to travel by other means.
- **b.** Protection against Traffic. This refers to the degree to which there is optimal protection for pedestrians from other forms of transport, especially vehicular traffic.
- c. Feeling of Safety. If a place feels unsafe to walk through, people are unlikely to use it. It will be affected by aspects such as sufficient lighting at night and the lack of active frontage.
- **d. Obstacles.** Permanent or temporary obstacles on the street can haphazardly stop or slow down pedestrians.
- e. Connectivity. How connected a neighbourhood is to different nodes and places in the area can affect a person's willingness to walk. Footbridges and underpasses should not replace pedestrian access at-grade, and thereby should be used as a last resort.
- f. Wayfinding. Streets that provide visual and navigational aids can be helpful and ultimately support a variety of users, both frequent users and infrequent ones who are less familiar with an area.
- **g. Slope.** Slopes over a certain gradient can be daunting and discourage people from traveling on them.
- **h.** Universal Access. As a public space, streets should be made accessible for all users.

## Comfortable to walk

Comfort for pedestrians is a positive emotional reaction to the walking environment in different situations, including physical, social, physiological and psychological reactions. A comfortable walking environment can encourage people to incorporate walking into their daily itineraries while pedestrian comfort implies increased walking ease. Factors affecting comfort include street quality, safety, weather protection, cleanliness and pollution, crowdedness, coherence and ambiance of the neighborhood:

**a. Street quality.** For pedestrians to feel safe and comfortable, a walkable street must be made to be level without broken pavements. Pedestrian comfort is related to street width that must take the safety, function, and performance of streets into account.

- **b. Safety.** To provide a safe walking environment, it is necessary to separate pedestrians from vehicular traffic as much as possible. Traffic calming measures can also help to maintain a safe walking environment.
- **c.** Weather protection. Weather protection in pedestrian streets is critical especially in hot climates or rainy climates that affect the comfort of walking on the street.
- **d.** Cleanliness and pollution. A good physical environment comprises streets devoid of unsightly trash and foul smells, air pollution caused by heavy traffic, and other unfavourable elements.
- e. Crowd management. A street's crowdedness has a major impact on social and psychological comfort. To maintain a pleasant environment for walking, proper street management measures must be applied.
- **f. Seating.** Provision of comfort facilities, particularly seating, has an influence on the distance people are prepared to walk from destination to destination or for leisure.
- **g.** Landscaping. The sense of comfort for streets could be enhanced by landscaping which adds value to streets through softening the urban street-scene, creating visual and sensory interest, and providing streets with habitats for wildlife.

#### Interesting to walk

Enjoyable streets and public spaces are not just for walking, but for remaining in as well. They function not just as conduits for through-traffic, but as destinations in and of themselves (Government of South Australia, 2011). In lower-density cities overseas, planners seeking to bring vitality to cities have focused on encouraging mixed uses and improving public transportation in order to attract pedestrians. However, in Hong Kong, high densities, mixed land uses, an excellent public transport network, and a culture of meeting recreational and social needs outside the home ensure that urban streets are often crowded. Hong Kong's problems lie in the frequently poor quality of the public realm. Air pollution, excessive traffic, poor quality street furniture, crowding, and a lack of places to rest, all combine to discourage people to stay outdoors. This has gone hand-in-hand with the privatisation of public space, in which both developers and planners have abandoned the street in favour of air-conditioned shopping malls.

Enjoyability comes from the interaction between stimulation and relaxation. There should be a variety of activities for people to do, with good quality space nearby for them to stop, relax and enjoy the life around them. The following factors are identified as important:

- **a.** Basic amenities for staying in an area. Three important amenities to meet people's basic physiological needs are seating, toilets, and food and drink.
- **b. Stimulation.** A public space where people will stay must be interesting. It should have plenty of things to see and do, as well as provide an environment suitable for social interaction. Active frontages along buildings promote interaction between the private and public realms. Public open spaces should also offer a wide variety of activities, including commercial, social, recreational, and cultural activities. Human-scaled environments allow people to relate better to their surroundings. Street furniture, including seating, public art and water features should be designed to encourage interaction with the environment.
- **c. Social activity.** A street should be active at different times of the day and night. A street or public space should be welcoming to all groups of people including men, women, children and the elderly.
- **d.** Local character. Local character gives a place a unique identity. It can strengthen residents' senses of attachment to and pride in a place. For visitors, local character provides an experience that cannot be found elsewhere.
- e. Public space management. If well-managed, on-street activities such as performers, artists, and vendors can add to the character and enjoyableness of a public place. However, both over-management and under-management can diminish a place's appeal.

## 2.4. Walkability Checklists

Based on the framework and criteria discussed above, two walkability checklists were developed, one for users (pedestrians, community members) and one for professionals (urban planners, urban designers, traffic engineers, government officials, etc.) to assess walkability in Hong Kong.

## 2.4.1. The user checklist

The user checklist was designed to enable pedestrians to assess the walkability of a neighborhood area by giving an overall rating, on a scale of 1 to 5, to a list of indicators grouped under the four criteria of (a) possible to walk, (b) efficient to walk, (c) comfortable to walk, and (d) enjoyable to walk (Table 2-1). Spaces are provided for each indicator for additional comments, such as problematic locations or good examples. A fifth section asks about the respondent's views and aspirations about the area, and the checklist is completed with questions about trips and demographics.

## Table 2-1User checklist and indicators

| Criteria            | Indicator  |
|---------------------|--|
| Possible to walk    | Width of pedestrian sidewalks and paved pathways   |
|                     | Evenness of paved surfaces   |
|                     | Universal access to paved pedestrian areas   |
|                     | Safety from road traffic   |
|                     | <ul> <li>Feeling of security and personal safety from danger</li> </ul>  |
| Efficient to walk   | Ease of crossing roads with traffic signals  |
|                     | Ease of crossing roads without traffic signals   |
|                     | <ul> <li>Provision of street-level connections where there is a<br/>footbridge or subway</li> </ul>  |
|                     | Convenience of footbridges/subways location  |
|                     | Clear and useful pedestrian signs and directions   |
|                     | <ul> <li>Directness of routes to main destinations in the<br/>neighbourhood</li> </ul>   |
|                     | Ease of transferring between public transport modes  |
| Comfortable to walk | <ul> <li>Weather protection of the area (rain, sun, excessive wind)</li> </ul>   |
|                     | <ul> <li>General quality, cleanliness and hygiene of the area</li> </ul>   |
|                     | Roadside air and noise pollution   |
|                     | <ul> <li>Provision of seating space and rest areas</li> </ul>  |
|                     | <ul> <li>Landscaping and greenery of paved pedestrian areas</li> </ul>   |
|                     | <ul> <li>Provision of public toilet and other amenities</li> </ul>   |
|                     | Crowdedness of the area  |
|                     | Amount of street obstructions in walking paths   |
| Interesting to walk | <ul> <li>Visually attractive streetscape and pleasant environment<br/>(e.g. public art, street furniture, landscaping, paving, lighting<br/>etc.)</li> </ul> |
|                     | <ul> <li>The area's appeal for staying and walking around</li> </ul>   |
|                     | Variety of shops and restaurants   |
|                     | Variety of leisure and recreational activities   |
|                     | Overall quality and flexible use of public open spaces   |
|                     | <ul> <li>Diverse range of activities, but not too crowded</li> </ul>   |
|                     | The area is appealing to a wide cross section of people  |

## 2.4.2. The professional checklist

The professional checklist was developed in much greater detail for government officials, urban planners and designers, transport planners and others who are responsible for enhancing the city's walking environment. They need to (a) understand the main function of a location (in other cases to determine or to influence change to the function) before setting priorities to walkability criteria; (b) identify bottlenecks or problems before planning and designing for improvements; (c) implement plans with the support of different stakeholders; and (d) track changes in terms of performance after implementation to evaluate effectiveness of the action items. The professional checklist comprises 10 categories and a total of 42 indicators. Each indicator is also assigned to the four criteria of "possible to walk," "efficient to walk," "comfortable to walk" and "interesting to walk." There is a clear explanation for each of the broad categories, and for each indicator, further clarification is provided on the checklist for benchmarking purposes. Table 2-2 below summarises all the indicators included on the checklist. A copy of the professional checklist is attached to the report as Appendix 3.

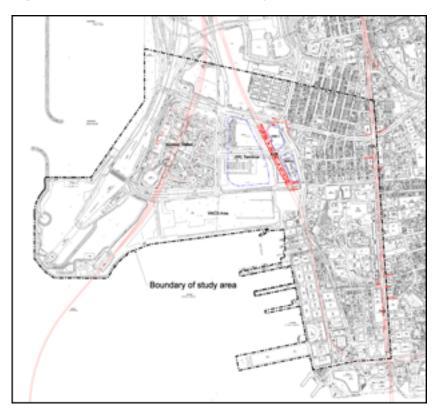
## Table 2-2Professional checklist and indicators

| Category                          | Indicator  | Criteria   |
|-----------------------------------|--|--|
|                                   | Ground level   | Possible   |
|                                   | <ul> <li>Subways</li> </ul>  | Efficient  |
|                                   | <ul> <li>Footbridges</li> </ul>  | Efficient  |
|                                   | Barrier-free access  | Possible   |
|                                   | Traffic signals  | Efficient  |
| Physical & visual permeability    | Maximum block length   | Efficient  |
|                                   | <ul> <li>Intra-block permeability</li> </ul>   | Efficient  |
|                                   | <ul> <li>Density of pedestrian crossings</li> </ul>  | Efficient  |
|                                   | <ul> <li>Provision and design of seating</li> <li>Waste management</li> <li>Public toilets</li> <li>User-friendliness of public realm</li> </ul> | Comfortable<br>Comfortable<br>Comfortable<br>Interesting |
|                                   | Building density   | Possible   |
|                                   | <ul> <li>Population density</li> </ul>   | Possible   |
|                                   | Density location   | Efficient  |
| Variety & diversity               | <ul> <li>Lot size</li> <li>Variety of zoned land uses</li> <li>Variety of activities and uses</li> <li>Housing mix</li> </ul>                    | Interesting<br>Possible<br>Interesting<br>Interesting    |
|                                   | Signage  | Efficient  |
|                                   | Orientation  | Efficient  |
|                                   | Human scale  | Comfortable  |
| Streetscape & visual quality      | Cleanliness  | Comfortable  |
|                                   | <ul> <li>Greening and biodiversity</li> </ul>  | Comfortable  |
|                                   | <ul> <li>Active and transparent frontage</li> </ul>  | Interesting  |
|                                   | Public open space  | Interesting  |
|                                   | Clutter and street management  | Comfortable  |
|                                   | Unique character   | Interesting  |
| Microclimate & environment        | Wind and ventilation   | Comfortable  |
|                                   | • Shelter from and exposure to sun light   | Comfortable  |
|                                   | Shelter from rain  | Comfortable  |
|                                   | Drainage   | Possible   |
| Safety & security                 | Air pollution  | Comfortable  |
|                                   | Noise pollution  | Comfortable  |
|                                   | <ul> <li>Pedestrian-vehicle conflict</li> </ul>  | Possible   |
|                                   | Traffic calming  | Possible   |
|                                   | Security from crime  | Possible   |
|                                   | Lighting   | Possible   |
| Transit & pedestrian friendliness | Space for pedestrians  | Efficient  |
|                                   | Car parking  | Efficient  |
|                                   | Public transport   | Efficient  |

# 3

# Kowloon West - A Case Study Hong Kong

In the Study, Kowloon West was selected as a real-life example for the purpose of assessing walkability with local stakeholders and professionals, and to envision a convenient and attractive walking environment in the long term. Geographically speaking, the area covers part of Tsim Sha Tsui and Jordon west of Nathan Road, and the new residential and commercial development on the reclaimed site at the Kowloon and Austin stations of the Mass Transit Rail (MTR) system (Figure 3-1). The West Kowloon Cultural District and the Express Rail Link Terminus, both under construction at the moment, are also located in the study area. The contrast in terms of size, scale and land uses between the old urban area adjacent to Nathan Road and the new areas closer to the waterfront, pose difficult challenges for physical connectivity and for "place making."



### Figure 3-1 Kowloon West – Study Area

In the summer of 2014, two planning workshops were organised – the first one with local residents and people working in the neighbourhood, and the second one mainly with professional urban and transport planners, as well as representatives from government departments. Over the two workshops, a site reconnaissance with the user checklist was conducted to identify challenges faced by pedestrians in the study area (Figure 3-2), and a small-group discussion was convened to brainstorm possible solutions for improving walkability and to solicit planning input from the professionals in terms of prioritisation and implementation. Specifically in the second workshop, participants were divided into groups and asked to (a) come up with a vision for the study area; (b) suggest ideas for improving walkability in the area; (c) set priorities for the suggestions; and (d) recommend an action plan with short-, mid- and long-term action items.





Notes: Route 1 (blue): Elements to Temple Street to Breakthrough Centre Route 2 (brown): Elements to Bowling Street to Breakthrough Centre Route 3 (red): Elements to waterfront to Austin Road to Breakthrough Centre

## 3.1. Current problems

After the site survey, major problems identified by pedestrians (the local users) in this area include:

- Poor integration between old and new districts
- Construction sites causing air and noise pollution
- Confusing and poorly organised signage
- Lack of seating

- Boring streetscapes
- Cars dominating the area
- Lack of and inflexible use of green space
- Little space for people and overcrowding
- Narrow pavement and wheelchair inaccessible
- Pavement obstruction and poor hygiene

Local participants also expressed their views about walkability indicators that they had a strong opinion on, both positive and negative (Table 3-1).

| Table 3-1 Strong opinion from participants about walkability in Kowloon West | Table 3-1 | <b>Strong opinion</b> | from participant | s about walkability | y in Kowloon West |
|--|-----------|-----------------------|------------------|---------------------|-------------------|
|--|-----------|-----------------------|------------------|---------------------|-------------------|

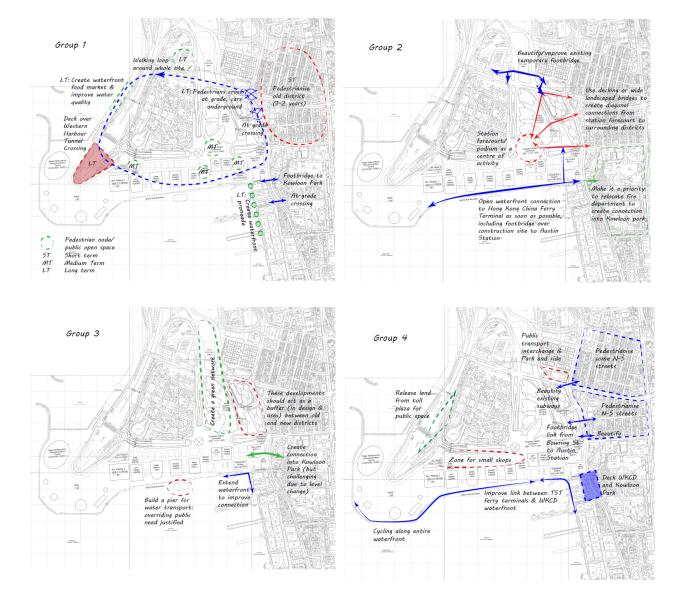
| Criteria            | Indicator                                    | Strongly<br>positive | Strongly<br>negative |
|---------------------|--|----------------------|----------------------|
| Possible to walk    | Evenness of paving                           | 11                   | 6                    |
|                     | Feeling of security                          | 11                   | 6                    |
|                     | Universal access                             | 6                    | 13                   |
| Efficient to walk   | Crossing roads with pedestrian signals       | 21                   | 0                    |
|                     | Public transport transfer                    | 15                   | 6                    |
|                     | Convenience of footbridges / subways         | 9                    | 2                    |
|                     | Wayfinding signage                           | 4                    | 15                   |
| Comfortable to walk | Roadside air and noise                       | 1                    | 22                   |
|                     | Seating and rest areas                       | 2                    | 19                   |
|                     | Toilets and amenities                        | 2                    | 17                   |
|                     | Urban greening                               | 4                    | 16                   |
|                     | Obstructions                                 | 4                    | 14                   |
| Interesting to walk | Diverse activities                           | 4                    | 15                   |
|                     | Visually attractive                          | 6                    | 14                   |
|                     | Variety of recreational activities           | 5                    | 11                   |
|                     | Quality and flexibility of public open space | 4                    | 14                   |

From Table 3-1, people seemed to be content with pedestrian signals and public transport integration, but less so with signage. There were mixed feelings about some basic provisions for pedestrians such as pavement and universal access. However, when it comes to the indicators that fall under "comfortable to walk" and "interesting to walk," participants were extremely negative about the performance. This is a clear indication from the local stakeholders about what needs to be improved.

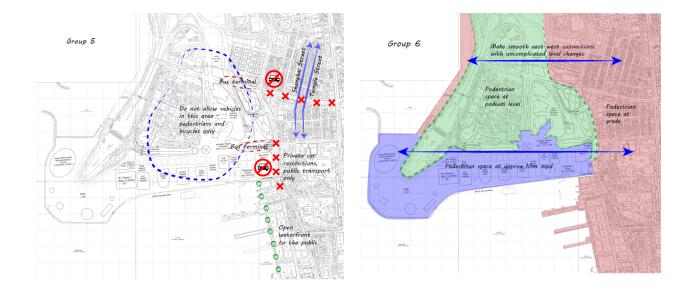
Professionals also identified and discussed similar problems in the second workshop, and a few common action items were strongly advocated by different groups, such as (a) to better integrate different areas with different cultural and land use characteristics in Kowloon West through careful planning and improved pedestrian facilities; (b) to diversify land use and activities in order to make Kowloon West an interesting and attractive place to be, by blending small shops with large malls, adding greenery to a concrete environment, and to create new public spaces where people can stay and enjoy; and (c) to enhance connectivity and accessibility for people, by extending the pedestrian network from Nathan Road to the waterfront and to plan it in a way that is user friendly, with fewer level changes, weather-proof, and universally accessible.

In terms of priorities for actions, most groups proposed that improvement to the walking environment should be prioritised, such as pedestrianisation of the old district, reduction in the need of level changes for pedestrians, and improvement of way-finding and signage systems. Other priorities were related to transport and land use, such as traffic segregation and the encouragement of mixed land use with diversity in scale was evident. Diversify activities and experience in the study area, and waterfront development, were also mentioned as priorities.

Figure 3-3 below includes six annotated drawings of the key ideas discussed by the groups during a planning workshop.



### Figure 3-3 Concept drawings prepared by participants in a planning workshop



## 3.2. Recommendations for Kowloon West

Based on the findings and ideas gathered in the two planning workshops, this section aims to (a) summarise the current challenges in Kowloon West in terms of its walking environment; and (b) suggest potential interventions for improvement.

### **Challenges**

One of the fundamental walkability problems in Kowloon West is the great disconnect in street patterns between the old Jordan and the new West Kowloon reclaimed site, which impedes pedestrian movements and a better integration between the two areas (Figure 3-4). There is also a gap in terms of the variety of uses between the two, with Jordan being much more attractive and vibrant with small but diverse shop frontage. In addition, there is a lack of space in Jordan for efficient pedestrian movement, whereas in the reclaimed area, pedestrian movement is also inefficient because of the relatively large block size and wide roads, leading to poor permeability. The problem is exacerbated by the presence of a barrier in the road median and a lack of pedestrian crossings, which work to isolate different neighbourhoods in the study area. In general, there is a lack of greenery in the area, and little focus is placed on quality of the public space. Subways are used at main road junctions where at-grade crossings are not provided, but underground walkways are usually unattractive and can be disorientating.



## Physical interventions

To improve the pedestrian environment, several physical interventions were recommended:

- Extend fine-grained streets network with smaller block size from 'old' Jordan to West Kowloon. (Figure 3-5)
- Increase permeability by adding pedestrian crossings. (Figure 3-6)
- Provide more space for pedestrians by widening footpaths, pedestrianising secondary streets and creating urban parks. (Figure 3-7)
- Introduce traffic calming measures such as speed bumps and a lower speed limit.
- Encourage mixed use and active frontages.
- Improve signage.
- Landscaped deck over Western Harbour Crossing toll plaza to enhance accessibility to the waterfront. (Figure 3-8)

## Figure 3-5 Extending fine-grained street grid



Figure 3-6 Photo montage: adding a crossing to improve permeability





Figure 3-7 Photo montage: widening footpath

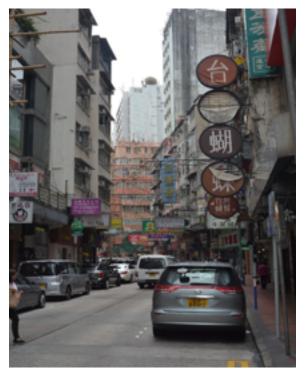




Figure 3-8 Photo montage: adding a landscaped deck to connect with the waterfront





## Conclusion

Through the case study, it has been demonstrated that the level of walkability can be quite varied across a large area such as Kowloon West. The walkability checklists, in particular the four criteria – "possible to walk," "efficient to walk," "comfortable to walk," and "interesting to walk" – become useful reference points for identifying problems, focusing discussions, and looking for solutions. With further refinement, the two checklists would become an important tool and benchmark for measuring walkability in Hong Kong, and a starting point from which the multiple benefits associated with walking can be realised and enhanced.

# 4

# Four-neighbourhood Comparison

## 4.1. Introduction

To test the comprehensiveness, applicability and user friendliness of the professional checklist (see Appendix 3) in Hong Kong, walk audits were carried out in four selected districts, including: (a) Central, representing a business district; (b) Mongkok, representing an old urban district with mixed land uses; (c) Kwun Tong, representing an industrial area under transformation; and (d) Choi Hung Estate, representing a residential area with public housing. These four areas are all served by the MTR within 500 metres.

Since Central, Mongkok and Kwun Tong are all large districts that contain smaller neighbourhoods with distinct characteristics, efforts were made to select an area in each of these three districts for the assessment with similar building morphology, land use mix, and walking environment. For example in Kwun Tong, the industrial area south of Kwun Tong Road was chosen for walkability assessment. The residential area built on higher elevation north of Kwun Tong Road, and therefore representing a very different walking environment, was not included in the audit. In Central, the area sandwiched between Connaught Road Central and Queen's Road Central was selected, but not the newly reclaimed area north of Connaught Road Central with very dissimilar block size, permeability, and connectivity. In Mongkok, the area surrounding the Mongkok MTR stations was chosen, including the part-time pedestrianized street along Sai Yeung Choi Street. In Choi Hung, Choi Hung Estate was selected as the study area. (Figures 4-1 to 4-4).



### Figure 4-1 Kwun Tong: study area











## 4.2. Walk audit results

It was found that among the four selected neighbourhoods, Choi Hung (Choi Hung Estate) scored the highest with 41 points (out of a maximum of 42) and is therefore considered a very walkable community. It is followed by Central with 23 points, which ranks average in terms of walkability. At the lower end of the spectrum, Mongkok scored 18 points, and Kwun Tong had 11 points. According to the scale, both Mongkok and Kwun Tong (the industrial area) are not quite walkable. (Table 4-1)

## Table 4-1Walk score by study area

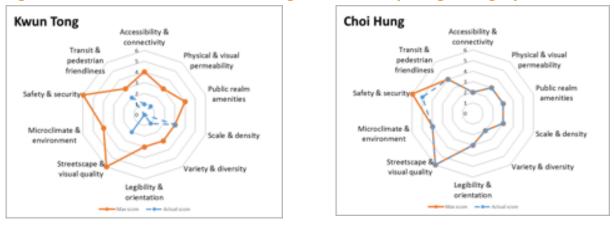
| Location  | Actual<br>Score | Maximum<br>Score* | Adjusted Score<br>(out of 42) | Walkability<br>Ranking |
|---|-----------------|-------------------|-------------------------------|------------------------|
| Kwun Tong (industrial area)                                 | 10              | 39                | 11                            | Poor                   |
| Choi Hung (Choi Hung Estate)                                | 35              | 36                | 41                            | Very good              |
| Mongkok (near MTR station)                                  | 18              | 42                | 18                            | Poor                   |
| Central (south of Connaught Road and north of Queen's Road) | 23              | 42                | 23                            | Average                |

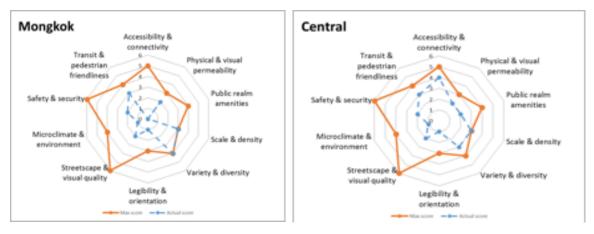
\* The highest possible score is 42, based on the 42 indicators on the checklist, but the maximum score for some locations could be lower than 42, as some indicators may not be applicable to the selected area under assessment. Walk score by design category

## Walk score by design category

While the aggregate score provides a quick reference point about the overall walkability of the audited area, further analysis by the 10 key components of walkability would offer additional insights into how well or poorly an area is performing in certain aspects of walkability, and what could become the key focus areas for improvement. (Figure 4-5)

## Figure 4-5 Walk score of the four neighbourhoods by design category





\* Some indicators may not be applicable to the selected area under assessment, hence maximum score for each category may vary from one location to another.

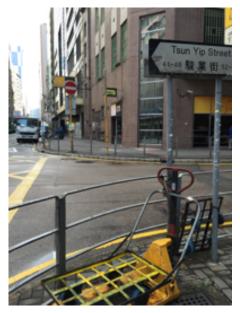
Figure 4-5 shows that Choi Hung Estate performs very well in almost all the 10 key aspects of walkability. By observation during the walk audit, Choi Hung Estate is a well planned community with connected sidewalks; small block size with high permeability; clear signage; diverse, local shops; seating provision; traffic calming measures; traffic speed restriction; greenery; a high residential density and vibrant street activities that foster a sense of security; and good connection with the MTR station and other public transport facilities. (Figure 4-6)

## Figure 4-6 Choi Hung: active shop frontage (left) and speed bump (right)



On the other hand, the Kwun Tong industrial area performs rather poorly in all aspects of walkability, except for scale and density. It is important to note that this is an area under transition from a traditional, industrial base into a commercial district. Street facilities were originally designed with priorities given to vehicles, especially for the efficient movement of heavy-duty trucks and their loading and unloading activities. (Figure 4-7) Little attention was made in the past to the needs of pedestrians and their level of comfort and enjoyment. Despite the unsatisfactory overall performance, it was witnessed during the walk audit that the Kwun Tong industrial area is undergoing some positive changes. For example, alleys and back lanes are recently beautified and incorporated as part of the pedestrian network, which in turn enhances permeability of the entire area. (Figure 4-7) New activities such as eateries are attracted to the area, which improves variety and diversity of uses and makes the walking environment more attractive, interesting and secured.

## Figure 4-7 Kwun Tong: direct crossing block by railing (left) and back lanes adding permeability (right)





Central is often considered a very walkable district in Hong Kong, with the elevated walkway system being acclaimed as a positive example of walkability. (Figure 4-8) This is also reflected in the walk audit results, with Central scoring very high in terms of "accessibility and connectivity." Figure 4-5 shows that Central also performs well in "physical and visual permeability," "scale and density," "variety and diversity" and "transit and pedestrian friendliness." These positive results are attributable to the small block size and the active and diverse shop frontage along Des Voeux Road Central and Queen's Road Central, as well as good integration with public transport nodes. However, it is apparent that Central performs less well in "public realm amenities," "streetscape and visual quality," "legibility and orientation," "microclimate and environment," and "safety and security." These are the shortfalls that make Central average in the walkability assessment.



### Figure 4-8 Central: footbridges connecting buildings

Finally, a breakdown of the walk score shows that Mongkok performs very well in terms of "scale and density" and "variety and diversity." This is self-explanatory as Mongkok is well known for its street markets, local shops and the part-time pedestrianised streets. (Figure 4-9) However, there is a major deficiency with respect to the accessibility and connectivity as Nathan Road is a major barrier to pedestrians' east-west movement. Scores in other aspects related to streetscape, amenities, safety, and local environment are also very low. In short, Mongkok is very attractive to pedestrians due to its vibrancy and on-street activities, but the general walking environment is far from satisfactory. (Figure 4-9)

### Figure 4-9 Mongkok: overcrowding (left) and diverse shop frontage (right)

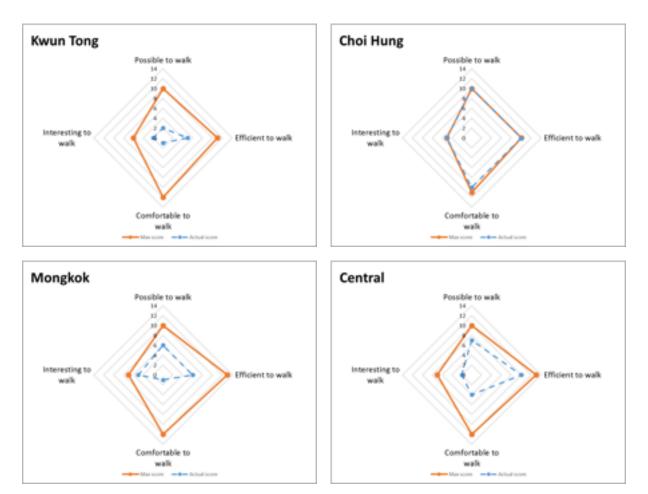




### Walk score by pedestrian experience criteria

Another way to dissect the walk score is to look at it based on the four different pedestrian experience criteria: "possible to walk," "efficient to walk," "comfortable to walk," and "interesting to walk." (Figure 4-10). Again, with the exception of Choi Hung Estate, the other three selected neighbourhoods fall short in one or more criteria.

For example, Central is physically walkable due to high connectivity and efficiency. It will become a truly walkable neighbourhood only if efforts are made to make people's walking experience more comfortable and enjoyable. In contrast to Central, Mongkok is a very interesting and attractive place for pedestrians. However, the street environment is very crowded and poorly managed, making it very inefficient and uncomfortable to walk. The Kwun Tong industrial area is lacking in almost all criteria, and would require a dedicated planning effort and a pedestrian-first planning approach to enhance its walkability.



## Figure 4-10 Walk score of the four neighbourhoods by pedestrian experience criteria

\* Some indicators may not be applicable to the selected area under assessment, hence maximum score for each pedestrian experience criterion may vary from one location to another.

# Appendix 1 Benefits of Walking

# (A) Public Health

A city's transportation system has important impacts on public health, according to Dr. Angie Cradock from the Harvard T.H. Chan School of Public Health.<sup>4</sup> In particular, encouraging people to walk more in their daily commutes can bring about public health benefits. These benefits have not only been qualitatively analyzed, but also quantified in terms of economic values by many studies. In Hong Kong, such benefits can be substantial.

At the individual level, walking promotes physical fitness. As a rhythmic, dynamic, and aerobic activity of large muscles, it can effectively stimulate the circulatory system and improve cardio-pulmonary function.<sup>5,6</sup> Walking reduces the risks of heart disease, stroke, osteoporosis, breast and colon cancer, and type 2 diabetes. It also strengthens bones, improves balance, and increases muscle strength. In Hong Kong, heart diseases and chronic lower respiratory diseases are among the ten leading causes of death.<sup>7</sup> Therefore, it is possible to substantially reduce the mortality rate by promoting walking. A 2009 study found that 51.4% of Hong Kong people fail to meet the physical activities recommended for good health in the US.<sup>8</sup> Since for most people, walking is the most accessible and cost-effective way to fulfill the physical fitness requirement, a convenient solution to this problem is to promote walking.

Another notable impact is related to obesity, which is growing in Hong Kong. Nearly one fifth of the population is obese, thanks to the prevalence of an unhealthy lifestyle.<sup>9</sup> Among the most notable age groups are the 25-39 group and children. The former group consists of a large workforce in sedentary white-collar occupations, 60 percent of which exercises less than once a week. This group is the most vulnerable to weight-related problems such as diabetes and cardiovascular diseases. The increasing childhood obesity in recent years is no less alarming. From 1997/1998 to 2010/2011, the obesity rate among primary and secondary school students has risen from 16.4% to 21.4%.<sup>10</sup> These obesity-related disorders have been found to develop at a younger age for Asians than in Western populations due to genetic factors.<sup>11</sup> A US study shows that walkable neighborhoods are a key contributing factor in lowering childhood obesity rates.<sup>12</sup> This disease, as it threatens the health of the current and future population, imposes a grave economic burden of diminished public health in Hong Kong.

In addition to physical health, walking also influences mental health. For school children, it is found that a stroll to school in the morning helps to handle classroom stress.<sup>13</sup> For the elderly, various studies have indicated that

walking slows mental decline, lowers the risk of Alzheimer's, improves sleep, and lightens moods.<sup>14</sup> More importantly, quick walking is effective in relieving depression, with evidence from a meta-analysis.<sup>15</sup> There are over 3 million depressive patients in Hong Kong, due to the fast-paced and stressful urban lifestyle. A more walkable environment would encourage people to "walk depression off."

Part of the public health benefits of walking bring about considerable healthcare cost savings. In 2003, the US Center for Disease Control (CDC) estimated that US\$5.6 billion in national cost associated with heart disease would be saved if 10% of the adult population were engaged in a regular walking program.<sup>16</sup> A 2008 study estimates public health cost savings that would result from the walking trips to access a new light rail transit system in Charlotte, North Carolina in the US.<sup>17</sup> Although the main focus is on medical costs associated with obesity only, the total estimate of public health cost savings amounted to US\$12.6 million over nine years. A later study estimated the total value of walkability improvements in Portland, Oregon to be in the range of US\$1 million to US\$8 million in present discounted value.<sup>18</sup> A study by the New Zealand Transport Agency estimated that new pedestrian facilities created a composite benefit of New Zealand Dollar \$2.70 per kilometer for each pedestrian using the facility, of which \$2.60 was attributed to health benefits.<sup>19</sup> Although these studies are at best able to offer only a partial monetary valuation of improved walkability, the estimates suggest there are considerable public health benefits to be derived from greater walkability.

# (B) **Property Values**

Another benefit of walkability is reflected in property values. For a long time, walkability was not considered as a contributing factor to property prices. However, several recent studies have suggested that the link is apparent. A study in London, "Paved with Gold," is the first to explicitly estimate the relationship between the quality of the local street design and property values.<sup>20</sup> The study employed a walkability measure called PERS in London. It was found that each point increase in the PERS score corresponded to an increase of £13,600 in residential prices, or about a 5.2% increase in the price of a flat; also, one PERS point increase gives rise to £25 per square meter in retail rent per year, which is a 4.9% increase in shop rents.

In the US, there are similar studies based on another walkability measure, the Walk Score. The Walk Score aims to discover how the walkability of each street affects the property value on the same street. One such study is "Walking the Walk."<sup>21</sup> With data on 93,725 recent home sales in 15 different markets across the US, researchers found a premium value between \$700 and \$3,000 for each Walk Score point increase. The study also notes that improvements in walkability may help alleviate the fiscal burden of the local government. In 2010, another study extended the scope of analysis to include not only residential housing, but also office, retail, and industrial property types.<sup>22</sup> Again, the results indicated a positive and significant correlation: a one point increase in the Walk Score is associated with 0.9%, 0.9% and 0.1% increase in the market values of office, retail, and apartment spaces, respectively. Another

study by the Brookings Institute verified again that more walkable places command significantly higher office rents, retail rents, residential rents and home values. Furthermore, the study discovered that walkable urban districts perform better than stand-alone walkable urban locations like shopping malls, supporting the relationship between economic prosperity and high property values.

The above studies unanimously suggest that higher walkability leads to higher property values in a Western context. Although no similar studies have been conducted in Hong Kong, it may be inferred that people here share the same preference for good walking environments. In fact, "Walking the Walk" has found that the "walkability premium" is higher in more populous urban areas and those with extensive public transit.

# (C) Time Savings and Greater Accessibility

For every transportation project, an important aspect is travel efficiency. The immediate benefit of an efficient system is travel time savings, which has been central to transportation planning and evaluation since the 1960s. In Britain, for example, travel time savings have accounted for around 80% of the monetised benefits of major road schemes.<sup>23</sup> However, time saving is only temporary, while the real "structural" impact of improved efficiency lies in longer trips and greater access.<sup>24</sup> In other words, when connectivity and efficiency are enhanced, which results in people taking less time than before to reach a destination, people tend to use the time saved to travel for even longer distances, rather than just to "cash in" the time saved.

Hong Kong has a fairly comprehensive public transport system which consists of railways, trams, buses, minibuses, taxis and ferries. Every day, over 11 million passenger journeys are made on these systems.<sup>25</sup> Public transport and pedestrian activities are complementary, because people usually walk to and from the public transport system. The more extensive the public transport network is, the more benefits of walking can be derived. The structural benefit of greater access on foot is significant in Hong Kong. While pedestrian planning is low in priority in Hong Kong, the Planning Department at least places some focus on strengthening the knot between walking and public transport, as evidenced in the *Hong Kong Planning Standards and Guidelines.*<sup>26</sup> More specifically, all three components of the planning strategy integrate pedestrian planning with public transportation:

- a. Promotion of pedestrian planning for railway catchment area;
- Strengthening of pedestrian planning for non-rail based public transport network;
- c. Development of pedestrian network at local level, in particular, the linkages between private residential areas and transport nodes.

It should be noted that the first point on railway connectivity is the most important, as the current catchment area of railways covers almost 70% of the population and 80% of jobs. By creating more efficient walking environments, the catchment area would be further enlarged, stimulating

more commercial activities and residential developments, as well as attracting more rail patrons.

# (D) Increased Economic Opportunities

The transportation mode of a city partly determines what economic opportunities it can offer. For instance, in the US cities where the private car is the dominant mode, most commercial activities take place in gigantic shopping malls and supermarkets. Even if there are street-side stores outside of the downtown area, each store has its own car park to make it accessible by private vehicles. In contrast, Hong Kong's retail sector is organised in a completely different pattern, which is determined by the dominant use of public transportation and walking. Greater walkability can help expand the business capacity of a street or a community in Hong Kong. Furthermore, improved walkability helps make a city more attractive to skilled professionals, since walkability fosters the development of more vibrant and exciting neighbourhoods.

Retail and restaurant businesses are attracted to lively streets because they are subject to scale economics. In other words, it is profitable to open a store only when the demand is sufficiently large in that area. Therefore, creating more walkable environments and thus attracting a larger pedestrian flow would bring in opportunities for commercial activities as well as employment. Vision42, a project in New York City, makes a strong case for the economic and fiscal impacts of improved walkability.32 Set in a similarly dense urban area, this is a suitable reference for Hong Kong. The project has two parts, a new local light rail transport service and the pedestrianisation of 42nd Street in connection to it. It is expected to result in a 35% increase in pedestrian flow to 42nd Street and the nearby area, and consequently, significant economic benefits will accrue. Retail and restaurant businesses are the biggest winners, with an expected expansion from US\$1.1 billion to US\$1.5 billion in annual size. Hotels and theatres are expected to increase revenue by 2-3%. Expected increases in annual tax revenue from property tax and sales tax is evaluated to be US\$28.4 million. Aggregating the costs and benefits, annualised net benefit is estimated to be US\$358 million.

# (E) Environmental Benefits

It is widely recognised that motorised transportation is generally bad for the environment, contributing to noise and smell, air pollution, as well as the emission of greenhouse gases. These are all persistent and aggravating problems in Hong Kong. Promoting walking as an alternative to motorised transport is one of the means that helps alleviate these problems.

Many European cities have found that encouraging greater use of nonmotorised transport and public transport is an effective approach to tackling environmental problems.<sup>27</sup> One success story comes from Freiburg, Germany. With the aim to reduce motorised traffic, the historic city core was planned so that it can only be accessed by trams, pedestrians, and bicycles. Traffic calming is employed in the rest of the city, with careful planning so that the negative environmental impacts are not passed off to surrounding districts. These approaches effectively reduce traffic fatalities and air pollution, and create a pleasant pedestrian environment.<sup>28</sup>

In Hong Kong, the levels of respirable suspended particulates  $(RSP)^{29}$  and nitrogen dioxide  $(NO_2)$  at the roadside continue to exceed the Air Quality Objectives, sometimes by a large amount. Since RSP can reach deep in the lungs, it causes greater risks of breathing and respiratory diseases, and damages to lung tissues<sup>30</sup> Therefore, these problems not only cause unpleasant neighbourhood environments, but also compromise people's health.

Reduction of greenhouse gas emissions is another important reason for promoting walking trips to replace motorised traffic. After the Paris Agreement, it is anticipated that governments around the world will commit further to carbon emission reduction, and one of the main focuses will be cutting down greenhouse gas emissions from the transportation sector, which is currently the second largest local source after electricity generation.<sup>31</sup> Building walkable and livable communities and promoting nonmotorised transportation is more compatible with the trend towards climate change mitigation and sustainable development goals.

# (F) Social Benefits

The sidewalk is a public space in itself. This revolutionary idea by Jane Jacobs, first promoted in the 1960s, has now been widely recognised in urban planning. Plenty of social benefits result from improving sidewalks. Though hardly quantifiable, these benefits represent an important aspect of social life in a city. <sup>22</sup>

According to Jacobs, the sidewalk is not just a place people walk on when going to a destination, but also the location for casual contacts with people living in the same city. Sidewalks accommodate a great diversity of activities and people: commuters, shoppers, street artists, newspaper hawkers, street vendors, etc. It is through such interactions, as Jacobs explained, that "a web of public respect and trust" is woven. Sidewalks also serve a number of implicit purposes such as the maintenance of public peace, portrayal of a city's characteristics, and facilitating the socialisation process of children.<sup>33</sup>

Walkability improvements to public sidewalks help a society to achieve greater social equality. Some public infrastructure projects provide service only to a certain social group. For example, public parking and road facilities mainly serve vehicle owners, while walking environments such as sidewalks are accessible to everyone. In fact, a walkability survey has found that walking is an important transport means especially for low- and middle-income households in Hong Kong.<sup>34</sup> Therefore, walkability improvements are suitable measures for redistributing public spending to the less well-off, and rebalancing the priorities to different social groups in transportation planning.

# Appendix 2 The Link-Place Function of Streets

# (A) Conceptual Framework

This walkability measurement tool is designed to help planners and community groups improve walkability on a neighbourhood scale, here defined as approximately a 500m radius from an agreed focal point. The neighbourhood scale was chosen because on any given walking trip, people utilise a collection of connected streets to get to their destination. Hence, assessing the walkability of such trips requires a consideration of the network of streets in a neighbourhood area. A neighbourhood may lie within the boundaries of a district, or span across a boundary.

The aim of this measuring tool is to help stakeholders to assess two aspects of a neighbourhood's street network – function and performance. Evaluators will initially assess the function of different streets within a neighbourhood in terms of link and place. Then, having determined which streets fulfill (or should fulfill) an important pedestrian function, they will then assess their performance in order to make targeted improvements. This matters because the idea is not that every street must be rendered fun for pedestrians, or splashed with art and cafés. It would not be economically and spatially feasible to do this, nor would it fulfil the needs of an efficient street network. Rather, walkable streets should exist at the overall neighbourhood level so that getting to destinations is straightforward and trouble-free, and enjoyment of public space is possible near points of interest.

The measure should facilitate users to identify desirable attributes, and ways in which the planning authorities can accentuate the distinctive and address the shortcomings. The intended users may ideally be city planners and community groups. Community residents are likely to have the greatest interest in improving the walkability of their local areas.

# The link-place function

#### Link function

A road's link status can ranked by its role in the city's transportation network (Government of South Australia, 2012). Roads carrying long-distance traffic have a higher link function than roads carrying short-distance or local traffic. In Hong Kong, the Transport Department's official road hierarchy outlines the roles of three types of roads (HKSAR Planning Department, 2011):

• Trunk roads (Territorial): for longer-distance traffic movements between main centres of population and activities;

- Primary distributor roads (Urban): for traffic between centres within the main urban areas forming a primary road network;
- District distributor roads (District): for traffic between the primary road network and districts within the main urban areas; and
- Local distributor roads (Local): giving direct access from district distributor roads to buildings and land within districts.

The link function of these four categories can therefore be designated Territorial, Urban, District and Local. This is consistent with overseas practice, for example the Government of South Australia's Streets for People: Compendium for South Australian Practice, roads are ranked on a five-point hierarchy from metropolitan to local.

A road's function can be assigned based on its official designation in the Transport Department's official hierarchy of roads. Generally speaking, higher status road links carry greater volumes of traffic. Table A2-1 below lists approximate traffic loads based on HKSAR Transport Department figures for 2015. In reality, there is a great degree of overlap, so these figures should not be used to assign a road's hierarchy. However, they can serve as a guide for planners: if a decision is made to increase or reduce a road's link function, these numbers can serve as rough targets for future road capacity.

| Link status                     | Approximate range of annual average daily vehicles |
|---------------------------------|--|
| Trunk road (territorial)        | Over 59,500  |
| Primary distributor (urban)     | 17,000 to 59,500                                   |
| District distributor (district) | 13,500 to 17,000                                   |
| Local distributor (local)       | 13,500 or less                                     |

# Table A2-1Traffic load by road status

Source: Based on data from HKSAR Transport Department's 2015 Annual Traffic Census. Only core counting stations were included.

In many areas in Hong Kong, however, there are separate pedestrian networks linking public transport stops to shops, offices and residential buildings. These include grade-separated pedestrian footbridges, underpasses and podiums, as well as at-grade footpaths and pedestrianized streets. Some of these pedestrian links play an important role in the public transport network, which accounts for over 90% of trips, and therefore handles very large volumes of foot traffic reaching well over 10,000 people per hour. Therefore, even exclusive pedestrian pathways can be said to suffer from link/place conflicts, albeit on a micro scale.

It therefore makes sense to also think of pedestrian routes as having link and place functions which may compete with one another. It is possible to rank exclusive pedestrian routes according to their importance in the public transport network.

- Major hub: Pedestrian routes feeding directly into major public transport hubs or corridors, or used to carry travellers from one transport mode to another. Examples include pedestrian routes in and around major public transport hubs and modal interchanges.
- Public transport access: Pedestrian routes used for direct access to a rail station, or a street used by a several bus stops.
- Local connector: pedestrian routes providing an important link within a neighbourhood, but which are not used to directly access public transport stations
- Frontage access: Pedestrian routes used for immediate access to shop frontage or primarily for recreational purposes.

# **Place function**

A street's place status can be ranked by its attractiveness as a destination in which people stay. This is determined by the street's catchment area, i.e. the distance which people are willing to travel to visit it. In overseas practice, planning authorities rank place hierarchy on a scale of national (or international) to local significance, with nationally significant places being those of high cultural and tourist value, and locally significant places being those used primarily by nearby residents or workers. This can be adapted for Hong Kong with the caveat that it may not be appropriate to place too much weight on tourist visits because of the unique nature of Hong Kong's tourism industry. Due to the prevalence of parallel trading and until recently, forced shopping tours, tourists from Mainland China can often be found in shopping destinations that are of relatively low place significance for Hong Kong residents, such as supermarkets in border New Towns. The presence of tourists does not necessarily indicate a high place significance unless it is also visited by people from all over Hong Kong.

The following place categories correspond roughly to the Hong Kong Planning Department's retail hierarchy classification:

- Territorial (high): The place attracts users from all over Hong Kong. There may also be a significant number of tourists from the Mainland and overseas. Territorial place value streets provide a vibrant mix of high-order comparison goods and dining, leisure and entertainment services. They are located within neighbourhoods that offer a diverse array of goods, services, and recreational activities. (An individual street may not appear diverse: themed shopping streets focus on one type of product, but offer a range and selection unavailable elsewhere in the city). High place value streets may also support commercial facilities such as offices and hotels, or unique recreational facilities such as museums, theatres, and large high quality urban parks. Buildings along the street, or the street itself, may also be of high cultural, tourist or heritage value.
- **District (medium):** The place attracts mainly visitors from the same district or neighbouring districts. District place value streets are of district level significance. They mainly serve the population within the district, providing a variety of durable household goods, personal consumer goods, personal durable goods, leisure and entertainment facilities as well as dining

services. They may also support district-level facilities such as libraries, parks, sports facilities or schools.

- Neighbourhood (low): The place primarily attracts people from the surrounding neighbourhoods. They mainly offer convenience goods, household retail services, personal retail services and dining services to the population within walking distance. Examples include supermarkets, housewares shops, and noodle shops. They may also include local open space such as small rest gardens and sitting out areas.
- Very low: The street is used primarily by people who live or work on that street. It has few or no attractions or land uses that would attract other pedestrians, and has inactive frontage. Streets located in large, monofunctional neighbourhoods are often very low place value, such as pure residential neighbourhoods, offices districts without ground floor retail, or industrial districts.

The catchment size of a street does not necessarily correlate with the number of people that can be observed spending time in public spaces. Due to Hong Kong's high urban densities, some neighbourhood public spaces may see a relatively high degree of use, even if all the users are nearby residents. On the other hand, a high level destination may not encourage outdoor staying due to poor environmental quality.

Place designation can be made by observing the mix of land uses, activities and facilities fronting onto the street. (Those land uses need to have frontage opening onto the street; walls without entrances do not attract pedestrians no matter the activities going on inside). The mix of available activities is a strong indicator of the size of a street's catchment area – specialty goods shops, shops selling durable goods, and entertainment venues need a wider catchment area than shops selling everyday convenience goods such as groceries and household products. Unique facilities, such as sports stadiums or museums, also attract visitors from wider areas.

# **Appendix 3 The Professional Checklist**

Walleability entegories and indicators Professional Checklist

Study sees is defined as 500m radius recents mass brunk beine. If the study new contrast different news with extremely discussion building morphologies and welling emmembers, separate assessments should be conducted for each area in order to obtain a more accurate overall picture.

CategoriesIndication are relear coded to reflect 4 aspects of the user's withing experience.

| - | Feedbale With      | The regards level of petroleum to first and conditions which make it pounds for exercise to well. There are how, necessary conditions for calling: |
|---|--------------------|--|
|   | Tathorner in Wolfs | Conditions required for preferations to get from wight to designation efficiently and cavity.  |
|   | Combinable to Walk | Qualities copured for podemices to feel confectivity and at case   |
|   | Alexy to pairward  | Outlines reported the parlements and in the space address in the networks and seven accounts.  |

| <ul> <li>N/A - Constraints / Opportunities &amp; Commonte</li> </ul> |                              |  |   |   |  |   |   |   |
|--|------------------------------|--|---|---|--|---|---|---|
| Na Na  |                              |  |   |   |  |   |   |   |
| Benchmarking   | Accessibility & Connectivity | To account that all people increasioned and real Africal account Appender course. An that accounterment densit have the Appleot<br>standards of access and accinence in periodical for the promotificant for the strend form). | It therefore poor No to much envery poor of the neuropheratheed by traveling at passed labels on the biotech pedention prevention, pedention-only polity, or deared enrots. | Subseque destificanty for each for one of the following reverses<br>1. To provide excess to an indicational taxos arread without<br>To more a per assume parameters in a contrast for exponential for each<br>projects, any radiced under and exponentian matched for located on the object<br>the development or matched | <ul> <li>Produktion should only be used for our of the following remeasu.</li> <li>To provide access on an encagedard manuturated states.</li> <li>To represent access on steep daps.</li> <li>To represent access on steep daps.</li> <li>To remove pre-entitieg house such as a related has to regressing. For more pre-entitieg house such as a relative function and expressing should be located on the sign of the device present on the set.</li> </ul> | Exceptions can be made for Central Bootizen Districts. Else in Central where<br>govered flow and 1° flow each larve many different feedbacken and bidlarv<br>world be a conversion connection technoru das 1° flow designation. | All adirwalia, waleway and cronings in the most local dramaw regristration<br>for home-free access. Adding cally, loss 25% of the footpath agreeds,<br>wellowers and covaring caseed for adding an abadred. | The applications researcher:<br>1. Short preserved light version of 60-00 wroards, taking to cathle pederiman<br>to now write reach in one go<br>2. There are five on the pegaratic contrage. |
| Assessment points  | Ac.                          | all pengke faste ngad, nagrand na<br>standarib of nonzo and nod  | The ground treat potention<br>to the drive output and<br>continues a  | The area leader for our of<br>reference   | The and inter the use of<br>Redindings   |   | The during of the linkage and<br>perior space correcting<br>maintenant sharing of<br>states and set   | Pedeutron do neclatore to ware<br>larg periodo to cross the mail  |
| Design<br>Category/<br>indicator                                     |                              | To answer that   | Greend level  | Subseque  | Feetbridges  |   | Therefore Free<br>Access  | Terfferiguets   |
|  | -                            |  | •   |   | •  |   | њ.<br>-   | 9   |
|  | -                            |  | 2   | 8   | 9  |   | 9   | #   |

| <ol><li>Green signal should give people adequate time to cross. Factor green time<br/>based on walking speed of 1 m/s. Factor in slower walking times at<br/>intersections around kindergartens, primary schools, hospitals and centres<br/>for the elderly.</li></ol> | For unsignalised intersections:<br>People should not have to wait more than 30 seconds on average for a gap in the<br>traffic to cross. If traffic volumes are too high, convert to signalised crossing. | Physical and Visual Permeability | In order to accommodate different types of walking activities and to provide as many direct routes as possible, it is essential that the built environment is very permeable for pedestrians. | 90% of blocks should be 150m or less in length.<br>Blocks are defined by streets or roads with open vehicular or pedestrian access. | Blocks longer than 250m should provide mid-block shortcut. Shortcuts must be open to the public for at least 15 hours a day. | <ol> <li>Every intersection has legal pedestrian crossings on every leg, either<br/>signalised or unsignalised. Exceptions:</li> <li>a) If blocks are very short, then there does not need to be a crossing at<br/>every intersction on attential roads. However there should be 1<br/>crossing at least every 150m.</li> <li>b) If a block is over 250m long, a mid-block crossing is provided.</li> <li>Crossings over arterial roads are signalised. Crossing so provided<br/>distributors do not roads are signalised if traffic volumes are low enough,<br/>but pedestrian corst should be facilitated in some way with zebra<br/>crossing, kerb bulb-outs etc.</li> </ol> | Public realm amenities | tructure and amenities to enable people to spend time outside as long as they                           | <ul> <li>Opportunities for scating are maximized at:</li> <li>1. Places where people are likely to gulder or wait, including public transport stations and bus stops, outside public toilets, popular meeting points.</li> <li>2. On long clopes or staticases</li> <li>3. Along essential and popular pedestrian routes, e.g. between housing estate &amp; MTR station, or major shopping streets.</li> <li>4. In public open spaces.</li> <li>1. Seating should be a variety of well-positioned and comfortable primary and secondary seating.</li> <li>2. Seating should be clearly visible from the pedestrian footpath and should be positioned to offer a good view of nearby activities.</li> <li>3. There is a variety of numary seating (benches, chaus) and secondary seating (benches, chaus) and secondary seating (benches, chaus) and secondary</li> </ul> | At least 90% of the searing should have back fests and armests.<br>1. Rubbish or recycling bins should be located a, every 100m<br>2. There should be at lareviring bin for every 3 rubbish bins. | Adequate public toilets should be located at public fransport interchanges and major pedestrian attractors such as shopping malls, major shopping streets and tourist attractions |
|--|--|----------------------------------|---|---|--|---|------------------------|---|--|---|---|
|  |  | Physic                           | commodate different types of walking ac<br>vent is very permeable for pedestrians.  | The dimensions of a street<br>block are short to medium in<br>h length  | k Street blocks provide<br>by permeability for extra   | There are pedestrian crossings<br>at every leg at every<br>intersection.  | 14                     | Every public space requires basic public realm infrastructure and amenities to enable people choose to. | Ind There are adequate and well-<br>located seating opportunities.   | There are adequate and well-<br>maintained recycling boxes and<br>nubish bins.  |   |
|  |  |                                  | In order to act<br>built environm   | Maximum<br>block length   | Intra-block<br>permeability  | Density of<br>pedestrian<br>crossings   |                        | Every public s<br>choose to.  | Provision and<br>design of<br>seating  | Waste<br>management   | Public toilets  |
|  |  | 2                                |   | v   | Ð  | υ   | 3                      |   | U  | v   | U   |
|  |  | 3                                |   | 2A  | 2B   | 2C  | 3                      |   | 3A   | 3B  | 3C  |

| Public toilets should include at least 1 disabled accessible stall and at least 1<br>baby changing area<br>Cleanliness – cleaning schedule matched to projected level of usage | <ol> <li>Use of ratings should be minimized unless highly essential for safety</li> <li>Seating in public spaces should be confortable and flexibly arranged to<br/>enable sting in groups of different sizes</li> <li>Public art should allow/encourage play or interaction, e.g. watching,<br/>listeming, sitting, playing, splashing.<br/>Lift to no defensive design e.g. spikes, anti-homeless surfaces, unsittable<br/>ledges, freecd of Tares (unless there is risk of serious injury, e.g. a cliff).</li> </ol> | Scale & Density | In general, people prefer to walk in areas that are not desolate or otherwise inactive. Density of people and activities is key to<br>achieving a vibrant environment with enough destinations to make walking worthwhile. | More than Plot Ratio 5 on average throughout neighbourhood. | Minimum of 9000 people per km <sup>2</sup><br>(Approx. the density of Shatin District) | At least PR 8 immediately on top of rail stations, stepping down to at least PR5<br>on average through the neighbourhood, 500m radius from station. | Major shopping, commercial, and cultural facilities are located within 500m of the rail station or transit interchange, i.e. within the site area. | Variety & Diversity | A mono-functional place is only attractive to a few people. Variety of activity and destination will ensure that different people have a<br>reason to go to the area, enhancing the vibrancy of the area. | Measured by length of a building plot's frontage along the public pedestrian<br>footpath:<br>A variety of lots widths ranging from 4.5m (width of an old Tong Lau) to under<br>A more side of a block in MK)<br>Very few on los frontages over 50m. | Zoning consists mainly of the following types:<br>Residential (A) "R(A)"<br>Residential (B) "R(B"<br>Other Specified Uses "OU" (Mixed Use)<br>Comprehensive Development Area "CDA"<br>Commercial "C" | Unless the zoning category itself allows for mixed uses (e.g. residential on<br>upper floors, commercial on lower floors), no single zoning category should<br>occupy more than 40% of the site's built-up area.<br>The site should also include Government, Institution and Community (GIC)<br>and/or Open Space (O) zoning. | <ol> <li>The following parameters should be considered:</li> <li>All building entrances whith 750m walking distance of an indoor or outdoor wet market or dy goods market (not supermarkets).</li> <li>All building entrances within 1km walking distance of a retail cluster (shopping streets or mall) with at least 40 distance retail outlets selling comparison shopping goods such as clothing, appliances, electronic devices, etc.</li> <li>No more than 50% of retailers or diming establishments are chains.</li> </ol> |
|--|---|-----------------|--|---|--|---|--|---------------------|---|---|--|---|---|
|  | Open spaces, street furniture<br>and public art is designed to<br>encourage usage and interaction   |                 | In general, people prefer to walk in areas that are not desolate or otherwise thactive. D,<br>achieving a vibrant environment with enough destinations to make walking worthwhile.   | The building density in GFA is medium to high.              | The population density is medium to high.  | The density is highest at public transit nodes.   |  |                     | A mono-functional place is only attractive to a few people. V<br>reason to go to the area, enhancing the vibrancy of the area   | There is a variety of lot sizes.<br>There are few or no lots with<br>frontage over 50m long.  | The zoning allows for a wide<br>range of tuses at ground level<br>and at least two levels above<br>ground floor.   |   | The neighbourhood provides a '<br>wide variety of fine-grained<br>activities and uses   |
|  | User-<br>friendliness of<br>public realm  |                 | In general, peopl<br>achieving a vibra   | Building<br>density   | Population<br>density  |   |  | 2                   | A mono-function<br>reason to go to th   | Lot size  | Variety of<br>zoned land uses  |   | Nariety of activities and uses  |
|  | 3D i  | 4               |  | 4A p  | 4B p   | 4C e  |  | 5 5                 |   | 5A i  | SB   |   | 2C  |

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| ję,   |   |                          | view  | ugh<br>they  | keir<br>18 in   | çade sare  |                              |   | ared   | new<br>mized<br>i and<br>tive<br>dies   | res at at are are  |
|---|---|--------------------------|---|--|---|--|------------------------------|---|--|---|--|
| <ol> <li>Within area, diming options of different price ranges available, meals<br/>between &lt;530 to &lt;530 per person.</li> <li>At least 1 area with legal outdoor diming provision.</li> <li>At least 1 public park of at least 1 hai size; or at least 1 public<br/>sports/recreation facility; or at least 1 in size; or at least 1 public<br/>post office, library, school, nursery, elder care centre.</li> <li>Few or to residential units on ground floor<br/>Few or to residential units on ground floor</li> <li>Few or no car parks on ground floor of podiums</li> </ol> | More than 15% but no more than 50% of residential units consists of public rental housing (including HK Housing Society flats). | Legibility & Orientation | ting. Signage can help way-finding while built structures can contribute to<br>paces, visual landmarks and so on. Efforts should be made to provide overview  | <ol> <li>Wayfinding signage is clear and easily understood.</li> <li>Signage is stied prominently and in predictable locations</li> <li>Signage in an area should be consistent and coherent and provide enough information for people to find their destination.</li> <li>Signage should provide people with the information when and where they need it, and should not confuse people with tho much information.</li> </ol> | <ol> <li>The area's layout is simple and easy to understand</li> <li>There are enough visual environmental cues to help people identify their<br/>current location. (Other than signage or public art, menorable shops,<br/>ublidings or intersections may function as landmarks.)</li> <li>Clear signifines enable people to see which direction they are travelling in</li> </ol> | <ol> <li>The lower 3 floors of buildings are not over-dimensioned and have façade<br/>details appropriate to pedestrians travelling at wilking pace.</li> <li>The dimensions, angles and sightlines of roads and public open spaces are<br/>at a human scale.</li> <li>Stret furniture such as lighting and signage are proportioned for<br/>pedestrians.</li> </ol> | Streetscape & Visual Quality | People respond positively to beauty, aesthetics and high visual quality. Although beauty is subjective, measures can be taken to<br>enhance the spatial quality of a built environment. | Pavements, street furniture and plantings are well-maintained. Litter is cleared promptly. | Planners should maximize opportunities for: <ol> <li>Shade tress. Existing ones should be well-maintained and preserved, new trees should be planted where possible.</li> <li>Otpostmatrices for shrub planting and vertical greening should be maximized in places where planting trees is not possible due to spatial constraints and underground utilities.</li> <li>Biodiversity should be considered when planting trees and shrubs. Native species should be prioritized and a wide variety of species should be planted.</li> <li>There is direct pedestrian access and clear sightlines to any natural bodies of water in the area</li> </ol> | There is little or no inactive frontage at ground level for more than 20 metres at<br>a stretch.<br>Inactive frontage is defined as a building façade which is:<br>a) Opaque. Pedestrians cannot see inside the building because there are<br>no windows at eye level. |
|   | The area has mixed-income<br>housing.   | Γ                        | A denreiy built-up environment can easily be disorienting. Signage can help way-finding<br>making an more legible by providing clearly defined spaces, visual landmarks and so on.<br>for enhanced orientation. | Way-finding is made easy with<br>special signage boards showing<br>maps as needed  | Open views provide<br>opportunity to orientate oneself  | Built environment should be<br>defined and detailed at the<br>pedestrian scale   | Stre                         | People respond positively to beauty, aesthetics and hi<br>enhance the spatial quality of a built environment.   | The area is well-maintained and<br>not in disrepair.                                       | The opportunity for presence of<br>trees, plants and water is<br>maximized.   | The area is not marred by blank<br>walls or inactive frontages   |
|   | Housing mix   |                          | A densely built-up enviro<br>making an more legible b<br>for enhanced orientation.  | Signage  | Orientation   | Human scale  |                              | People respond po<br>enhance the spatia   | Cleanliness  | Greening and<br>biodiversity  | Active and<br>transparent<br>frontage  |
|   | i   | 6                        |   | υ  | U   | C  | 7                            |   | υ  | υ   |  |
|   | 5D  | 9                        |   | 6A   | 68  | ور<br>ور   | 7                            |   | 7 <b>A</b>   | 7B  | 7C   |

| <ul> <li>along their external façades through pavement setbacks and colomades.</li> <li>3. Not all areas need to be shaded. Total rain protection would result in an area dominated by fixed structures which would advesely affect the visual quality of the area.</li> <li>4. Shade trees with dense foliage can also be considered partial shelter from this.</li> </ul> | <ol> <li>The area has adequate drainage during rainstorms</li> <li>Porous paving materials are used to reduce runoff</li> <li>Pavements are graded to avoid formation of deep puddles in heavy rain.</li> </ol> | Safety & Security | While walking in a city is not expected to be a sensory-free experience at all times. A person should not be exposed to excessive levels<br>of pollution, while feeling safe and comfortable. | There are area-specific policies to reduce exposure to roadside air pollution<br>including one or more of the following:<br>1. Full-time or part-time pedestriarized zone at least 400m long<br>2. Low -emission cone (a charge for vehicles not meeting certain emission<br>standards. For example Larger vans and minubuses that don't meet Euro 3;<br>Trucks, buses, and coaches that don't meet Euro IV). Congestion charging,<br>a charge for entering the central areas of a city.<br>3. Euro 4 engines or better for franchised bus routes passing through the area.<br>For existing districts, average peak roadside PM2.5 does not exceed ambient air<br>pollution levels measured at the nearest general air quality monitoring station by | more than 20%.<br>Predicted or actual L10(1h) peak traffic noise levels on most pedestrian routes<br>does not exceed 700k. (See HKPSG), and 60db in major pedestrian destinations<br>such as major shopping areas.<br>Pedestrian space includes frequent opportunities to get away from traffic noise<br>(an miente side streate cert arrivers moderity nor visit; races etc.) | In general, the neighbourhood's road design gives priority to pedestrian<br>circulation and promotes safe road crossing at ground level. The following<br>should be taken into account the following:<br>1. Clear sight lines of concoming traffic at all pedestrian crossings.<br>2. Streets designed for operating speed of Solkmh and below on urban arterial<br>roads and 30 km/h and below on local distributors. Narrow lane widths<br>(-3.56m), small turning radii (1.5m) and balow on urban arterial<br>(-3.56m), small turning radii (1.5m) and traffic light timing should be used<br>to promote slower driving in urban areas.<br>3. Few to no slip lanes for left turns.<br>4. Refuge islands provided where pedestrians must cross 3 or more lanes of<br>stratized crossing<br>stratized crossing | Traffic calming strategies are implemented on streets with high pedestrian         activity including any of the following measures:         1. Road narrowing/crossing narrowing         2. Speed tables or humps         3. Vehicle restrictions         4. Adjustment of traffic direction to prevent through-traffic         5. Pedestrian notiony zone/stared state | <ol> <li>Take into account the following considerations:</li> <li>Mixed use should include some night time activities to promote natural surveillance, especially at night from sunset to 1 a.m.</li> <li>Area should contain an overall mix of activities attractive or useful to both genders and all age groups.</li> <li>Hard surveillance such as CCTV cameras, police patrols and security</li> </ol> |
|---|---|-------------------|---|--|--|---|--|---|
|   | The area has adequate storm<br>water drainage   |                   | While walking in a city is not expected to be a sensory<br>of pollution, while feeling safe and comfortable.  | There are policy measures to<br>minimise exposure to roadside<br>air pollution, including dust   | Pedestrian space is not<br>subjected to excessive noise<br>levels.   | Pedestrian-vehicle interactions<br>are mediated to promote safe<br>pedestrian travel at ground<br>level   | Traffic calming measures are<br>implemented to minimize<br>pedestrian exposure to fast-<br>moving traffic  | There is adequate soft and hard<br>surveillance especially at night   |
|   | Drainage  |                   | While walking in<br>of pollution, while   | Air pollution  | Noise pollution  | Pedestriau-<br>vehicle conflict   | Traffic calming  | Security from<br>crime  |
|   | 8D P  | 9 9               |   | 9A c   | 9B c   | <sup>в</sup>  | 9D- p  | 9E p  |

| guards can enhance security, especially in problem spots, but should not be relied upon exclusively.<br>Pedestrian routes, especially subways and footbridges, should be well-lit and lined with shops, overlooked by nearby activities, or reasonably well.<br>Avoid a all times.<br>Avoid a locating "blind" corners on pedestrian paths in quiet areas.<br>Take into account the following considerations:       | Lighting should meet the standards for adequate even, and glare-free<br>lighting in the HK Public Lighting Design Manual<br>Legiting should be well-maintained – burned out bulbs should be promptly<br>replaced.<br>In key commercial and recreational areas, visually attractive, pedestrian<br>scale lighting should be used to enhance the atmosphere. |                                   | Cities are complex places and people often use walking for only part of their trip. As such, people must share the available space with other modes of transport. While motorised traffic is by no means incompatible with pedestrian connectivity, access to public transport should be encouraged and made easywhile access to private car should be discouraged. | Pavements are wide enough to accommodate the predicted pedestrian flow for the type of area according to guidelines in HKPSG. | At pedestrian attractors of high place value (e.g. tourist attractions, street<br>markets, major shopping areas, varientifouri promenades), there should be enough<br>additional pedestrian space to accommodate staying activities (such as sitting,<br>street-food, busking) without canaige major obstruction. | Public and private off-street parking should not exceed the minimum allowed under current planning guidelines. Along neighbourhood roads, kerb-side parking can be allowed. | All building entrances are within 240-400m (3-5mins) actual walking distance of a public transport stop with direct service to a high capacity public transit station.<br>All building entrances are within 800m actual walking distance (10 mins) to a high capacity transit station. | At public transit interchanges, the walking distance between different modes of transport should be less than 5 minutes walk. The number of turns and level changes needed to make the connection is minimized.    |
|---|--|-----------------------------------|---|---|---|---|--|--|
| guards can enhance security, especially in problem spots, but sho<br>relied upon exclusively.<br>Pedestrian routes, especially subways and footbridges, should be<br>and lined with shops, overlooked by nearby activities, or reasonal<br>used at all times<br>used at load at all times.<br>Avoid locating "blind" corners on pedestrian paths in quiet areas.<br>Take into account the following considerations: | Lighting should meet the standards for adequate even, at<br>lighting in the HK Public Lighting Design Manual<br>Lighting should be well-maintained – burned out bulbs st<br>replaced.<br>In key commercial and recreational areas, visually attrac<br>scale lighting should be used to enhance the atmosphere  | Transit & Pedestrian Friendliness | or only part of their trip. As such, j<br>means incompatible with pedestr<br>ate car should be discouraged.   | Pavements are wide enough to accommodate the pr<br>the type of area according to guidelines in HKPSG.                         | At pedestrian attractors of high place value (e.g. tourist attractions, street<br>markets, major shopping areas, waterfront pronemades), there should be (<br>additional pedestrian space to accommodate staying activities (such as sit<br>street.food, busking) without causing major obstruction.              | Public and private off-street parking should not exceed the mir<br>under current planming guidelines.<br>Along neighbourhood roads, kerb-side parking can be allowed        | All building entrances are within 24(<br>of a public transport stop with direct<br>station.<br>All building entrances are within 800<br>high capacity transit station.   | At public transit interchanges, the walking distance between different mo<br>transport should be less than 5 minutes walk.<br>The number of turns and level changes needed to make the connection is<br>minimized. |
| 4.<br>Pedestrian space benefits from  | good levels of light in day as 1.<br>well as at night. 2.  | Transit                           | Cities are complex places and people often use walking for only part of their trip. As suc<br>other modes of transport. While motorised traffic is by no means incompatible with pede<br>should be encouraged and made easywhile access to private car should be discouraged.   | There is a balanced allocation Pr<br>of ground level space to th<br>pedestrians and vehicles.                                 | A<br>m<br>ak<br>sb  | Public and private car parking Pr<br>is minimized, and charged, with ur<br>the bulk of parking in a built<br>structure, preferably A<br>underground.                        | n the<br>d is reachable by<br>ort  | Pedestrian transfer between A different modes of public tri<br>transport is straightforward and direct. In direct is straightforward and model with the straightforward and model.                                 |
| Lichting  | 10<br>1<br>1<br>1<br>1<br>1  |                                   | Cities are complex<br>other modes of tra<br>should be encoura   | Space for<br>pedestrians  |   | Car parking   | Public<br>transport  | Transfer<br>between<br>transport<br>modes  |
| р<br>(т.  | 2.   | 10 10                             |   | 10A e   |   | 10B e   | 10C e  | 10D e  |
| 9F  |  | -                                 |   | 1(  |   | 1(  | I  | Ĭ  |

# 5∠

Score Sheets For different analytical purposes, scores can be calculated either by the 10 design categories or by the 4 user experience themes.

# Score by Design Category

| Score by Design Category                             |  |                            |                                    |                                    |                             |
|--|--|----------------------------|------------------------------------|------------------------------------|-----------------------------|
| Design Category                                      | Number of points for category                          | •                          | Number of applicable indicators    | IS                                 | Total number of indicators  |
|  | (Award 1 point for each "yes", 0 points for each "no") | ', 0 points for each "no") | ("Not applicables" subtracted)     |                                    |                             |
| Site Sub-areas:                                      | Area 1   | Area 2                     | Area 1                             | Area 2                             |                             |
| <ol> <li>Accessibility &amp; Connectivity</li> </ol> |  |                            |                                    |                                    | 5                           |
| <ol><li>Physical &amp; Visual Permeability</li></ol> |  |                            |                                    |                                    | 3                           |
| <ol><li>Public Realm Amenities</li></ol>             |  |                            |                                    |                                    | 4                           |
| 4. Scale & Density                                   |  |                            |                                    |                                    | 3                           |
| 5. Variety and Diversity                             |  |                            |                                    |                                    | 4                           |
| <ol><li>Legibility &amp; Orientation</li></ol>       |  |                            |                                    |                                    | 3                           |
| <ol> <li>Landscape &amp; Visual Quality</li> </ol>   |  |                            |                                    |                                    | 6                           |
| <ol> <li>Microclimate &amp; Environment</li> </ol>   |  |                            |                                    |                                    | 4                           |
| <ol><li>Safety &amp; Security</li></ol>              |  |                            |                                    |                                    | 6                           |
| 10. Transit & Pedestrian Friendliness                |  |                            |                                    |                                    | 4                           |
|  | Total Score:   | Total Score:               | Total applicable<br>subcategories: | Total applicable<br>subcategories: | Highest possible score = 42 |

# Score by "User Experience" Themes

| SCOLE DY "User Experience" Themes |  |                            |                                    |                                    |                             |
|-----------------------------------|--|----------------------------|------------------------------------|------------------------------------|-----------------------------|
| Category                          | Number of points for category                          |                            | Number of applicable indicators    | 01S                                | Total number of indicators  |
|                                   | (Award 1 point for each "yes", 0 points for each "no") | ', 0 points for each "no") | ("Not applicables" subtracted)     | 1)                                 |                             |
| Site Sub-areas:                   | Area 1   | Area 2                     | Area 1                             | Area 2                             |                             |
| 1. Possible                       |  |                            |                                    |                                    | 10                          |
| 2. Efficient                      |  |                            |                                    |                                    | 13                          |
| 3. Comfortable                    |  |                            |                                    |                                    | 12                          |
| 4. Interesting                    |  |                            |                                    |                                    | 7                           |
|                                   | Total Score:   | Total Score:               | Total applicable<br>subcategories: | Total applicable<br>subcategories: | Highest possible score = 42 |
|                                   |  |                            |                                    |                                    |                             |
|                                   |  | Area1                      | Area 2                             |                                    |                             |
|                                   |  |                            |                                    |                                    |                             |

# Walkability Ranking

Adjusted score = (Total Score/Total Applicable Subcategories) X 42

| Score | Walkability Ranking |
|-------|---------------------|
| 37-42 | Very good           |
| 31-36 | Good                |
| 20-30 | Average             |
| 11-20 | Poor                |
| 0-10  | Very poor           |

# Appendix 4 The User Checklist

# WALKABILITY CHECKLIST FOR USERS

Please complete the checklist below by giving an overall rating (on a scale of 1 to 5) to each item according to your walking experience in this area. Use the "comments" section to note down problematic spots or highlight good points. For several questions, you will be asked to check off items that apply.

| Secting Sector | 1   | 2        | 3    | 4    | 5         | • |
|----------------|-----|----------|------|------|-----------|---|
| Scoring Scale: | Bad | Not Good | Fair | Good | Excellent |   |

#### A. POSSIBLE TO WALK

|      | Indicators  | Score | Comments (location of problems/ good points) |  |  |  |
|------|---|-------|--|--|--|--|
| 1    | Width of pedestrian sidewalks and paved pathways        |       |  |  |  |  |
| 2    | Evenness of paved surfaces                              |       |  |  |  |  |
| 3    | Universal access of paved pedestrian areas              |       |  |  |  |  |
|      | (especially for people using strollers, wheelchairs, or |       |  |  |  |  |
|      | other assistive mobility devices)                       |       |  |  |  |  |
| 4    | Safety from road traffic                                |       |  |  |  |  |
| 5    | Feeling of security and personal safety from danger     |       |  |  |  |  |
|      | (especially while walking alone or at night)            |       |  |  |  |  |
| B. E | B. EFFICIENT TO WALK                                    |       |  |  |  |  |
| 6    | Ease of crossing roads with traffic signals             |       |  |  |  |  |
| 7    | Ease of crossing roads without traffic signals          |       |  |  |  |  |
| 8    | Provision of street level connections where there is a  |       |  |  |  |  |
|      | footbridge or subway                                    |       |  |  |  |  |
| 9    | Convenience of footbridges/subways location             |       |  |  |  |  |
| 10   | Clear and useful pedestrian signs and directions        |       |  |  |  |  |
| 11   | Directness of routes to main destinations in the        |       |  |  |  |  |
|      | neighbourhood   |       |  |  |  |  |
| 12   | Ease of transferring between public transport modes     |       |  |  |  |  |
| с. с | OMFORTABLE TO WALK                                      |       |  |  |  |  |
| 13   | Weather protection of the area (rain, sun, excessive    |       |  |  |  |  |
|      | wind)   |       |  |  |  |  |
| 14   | General quality, cleanliness and hygiene of the area    |       |  |  |  |  |
| 15   | Roadside air and noise pollution                        |       |  |  |  |  |
|      | (especially from vehicles, construction, etc.)          |       |  |  |  |  |
| 16   | Provision of seating space and rest areas               |       |  |  |  |  |
| 17   | Landscaping and greenery of paved pedestrian areas      |       |  |  |  |  |
| 18   | Provision of public toilet and other amenities          |       |  |  |  |  |
| 19   | Crowdedness of the area                                 |       |  |  |  |  |
| 20   | Amount of street obstructions in walking paths          |       |  |  |  |  |

#### D. INTERESTING TO WALK

|    | Indicators   | Score | Comments (location of problems/ good points) |
|----|--|-------|--|
| 21 | Visually attractive streetscape and pleasant environment |       |  |
|    | (e.g. public art, street furniture, landscaping, paving, |       |  |
|    | lighting etc.)   |       |  |
| 22 | The area's appeal for staying and walking around         |       |  |
| 23 | Variety of shops and restaurants                         |       |  |
| 24 | Variety of leisure and recreational activities           |       |  |
| 25 | Overall quality and flexible use of public open spaces   |       |  |
| 26 | Diverse range of activities, but not too overcrowded     |       |  |
| 27 | The area is appealing to a wide cross section of people  |       |  |

## E. YOUR VIEWS AND ASPIRATIONS - In general, what do you think of the area?

| 28 | Has sufficient basic pedestrian infrastructure (e.g.   |  |  |  |  |  |
|----|--|--|--|--|--|--|
|    | quality of sidewalk, crossing facilities etc.) for walking                                     |  |  |  |  |  |
| 29 | Efficient to walk to and from other areas  |  |  |  |  |  |
| 30 | Comfortable to walk around   |  |  |  |  |  |
| 31 | Encourages and attracts people to walk around here   |  |  |  |  |  |
| 32 | What do you like most and dislike most about this area?  |  |  |  |  |  |
|    |  |  |  |  |  |  |
|    |  |  |  |  |  |  |
| 33 | What kind of changes/modifications to the walking environment of this area do you want to see? |  |  |  |  |  |
|    |  |  |  |  |  |  |
|    |  |  |  |  |  |  |

## F. USUAL PURPOSE AND FREQUENCY OF VISIT (Please tick the appropriate box)

| 34 | Usual purpose of visit | □ Commute to work; □ Commute to school; □ Shopping; □ Entertainment; □ Visiting family or |  |  |
|----|------------------------|---|--|--|
|    |                        | friends;  Other (please specify)  |  |  |
| 35 | Frequency of visiting  | □ At least once a day; □ At least once a week; □ At least once a month; □ At least a few  |  |  |
|    | this area              | times a year; 🛛 Once a year or less   |  |  |

## G. DEMOGRAPHIC (Please tick the appropriate box)

| 36 | Gender                | Male     Female  |         |         |         |         |  |
|----|-----------------------|--|---------|---------|---------|---------|--|
| 37 | Age                   | □ 18-29  | □ 30-39 | □ 40-49 | □ 50-59 | □ 60-69 |  |
|    |                       | □ 70 and over  |         |         |         |         |  |
| 38 | Highest level of      | □ Primary or below; □ Secondary and 6 <sup>th</sup> form; □ Diploma/Certificate/Sub-degrees; |         |         |         |         |  |
|    | education achieved    | □ Degree; □ Post-graduate degree   |         |         |         |         |  |
| 39 | District of residence | 🗆 Islands; 🗆 Kwai Tsing; 🗆 North; 🗆 Sai Kung; 🗆 Sha Tin; 🗆 Tai Po; 🗆 Tsuen Wan;              |         |         |         |         |  |
|    |                       | 🗆 Tuen Mun; 🗆 Yuen Long; 🗆 Kowloon City; 🗆 Kwun Tong; 🗆 Sham Shui Po; 🗆 Wong Tai Sin;        |         |         |         |         |  |
|    |                       | 🗆 Yau Tsim Mong; 🗆 Central & Western; 🗆 Eastern; 🗆 Southern; 🗆 Wan Chai                      |         |         |         |         |  |
| 40 | Participant type      | □Resident in district; □ Shopkeeper/worker in district; □ Government; □ District Council;    |         |         |         |         |  |
|    |                       | □ Planning/Engineering/Architecture professional; □ Non-profit organisation; □ Student;      |         |         |         |         |  |
|    |                       | Other (please specify)   |         |         |         |         |  |

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